



PSHEC Overview 2023-2024



Light Hall School

	Term 1 Being Me In My World	Term 2 Celebrating Differences	Term 3 Dreams and Goals	Term 4 Healthy Me	Term 5 Relationships	Term 6 Changing Me
Year 7	<p>PSHE TOPICS: Self-identity, Influences on my identity, My online identity</p> <p>Citizenship Topics: Rules, fairness, rights and responsibilities</p>	<p>PSHE TOPICS: Stereotypes and prejudice, Challenging discrimination, Bullying</p> <p>Citizenship Topics: Rules, fairness, rights and responsibilities</p>	<p>PSHE TOPICS: Setting goals and dealing with failure, Making good decisions, Learning from mistakes</p> <p>Citizenship Topics: Communities and identities</p>	<p>PSHE TOPICS: Understanding stress, Healthy choices and harmful substances, Building a healthy lifestyle</p> <p>Citizenship Topics: Communities and identities</p>	<p>PSHE TOPICS: Positive qualities in relationships, Assertiveness, Getting on and falling out</p> <p>Citizenship Topics: Laws and the Justice system</p>	<p>PSHE TOPICS: Physical and mental changes during puberty, The role of a parent</p> <p>Citizenship Topics: Laws and the Justice system</p>
Year 8	<p>PSHE TOPICS: Changing identity, Identity and expectations, Family</p> <p>Citizenship Topics: Managing money</p>	<p>PSHE TOPICS: Who was Anne Frank?, Tackling prejudice and discrimination, Bullying</p> <p>Citizenship Topics: Managing money</p>	<p>PSHE TOPICS : Setting goals, Understanding how money works</p> <p>Citizenship Topics: Liberty and freedom</p>	<p>PSHE TOPICS: Taking care of our physical health, Healthy choices, Substance misuse and peer pressure</p> <p>Citizenship Topics: Liberty and freedom</p>	<p>PSHE TOPICS: Self-care, Personal space and safety online, Managing coercion</p> <p>Citizenship Topics: Liberty and freedom</p>	<p>PSHE TOPICS: Relationship expectations, Relationships in the media, Managing challenging content</p> <p>Citizenship Topics: Liberty and freedom</p>
Year 9	<p>PSHE TOPICS: Intimate relationships, Influences on my identity, Managing pressures in relationships</p> <p>Citizenship Topics: Principles and values in British society and the changing identity of the UK.</p>	<p>PSHE TOPICS: Banter and bullying, The Equality Act, The power of language</p> <p>Citizenship Topics: Multiculturalism and Diversity</p>	<p>PSHE TOPICS: Health goals, Being happy in myself, Smart Goals</p> <p>Citizenship Topics: The role and rights of the media and free press</p>	<p>PSHE TOPICS : Why do people use drugs, Effects of drugs and the law, Consequences of using drugs</p> <p>Citizenship Topics: The UK's role in international organisations and international conflicts.</p>	<p>PSHE TOPICS: Contraception, Consequences of unprotected sex, The reality of porn</p> <p>Citizenship Topics: Making a difference in society and holding those in power to account.</p>	<p>PSHE TOPICS: Recognising mental health issues, Positive thinking, New challenges</p> <p>Citizenship Topics: Laws in contemporary society – how are they made and how do we decide what is fair?</p>
Year 10	<p>PSHE TOPICS: My rights online and offline, Risks and netiquette online</p> <p>Citizenship Topics: The roles and powers of the police and the judiciary</p>	<p>PSHE TOPICS: Equality of opportunity and at work</p> <p>Citizenship Topics: How laws protect the citizen (Magna Carta and Trade Unions)</p>	<p>PSHE TOPICS: Goals and health, Building resilience, Supportive relationships</p> <p>Citizenship Topics: The role of the monarchy and who are the UK political parties?</p>	<p>PSHE TOPICS: Protecting my physical, mental and sexual health</p> <p>Citizenship Topics: Different voting systems and electoral apathy.</p>	<p>PSHE TOPICS: Losing your virginity, Staying safe in sexual relationships, Pregnancy</p> <p>Citizenship Topics: How does the economy work, cost of living crisis</p>	<p>PSHE TOPICS: The history of the LGBT+ movement, Challenges of coming out, FGM and Forced marriage</p> <p>Citizenship Topics: The role of an MP and the role of Local councils.</p>
Year 11	<p>Careers Day Post 16 routes; apprenticeships, CVs and mock interviews, money matters, careers exploration.</p>	<p>PSHE TOPICS : Becoming an adult, Consent and Coercion, Supportive relationships</p> <p>Citizenship Topics: Digital democracy and making your own political party.</p>	<p>PSHE TOPICS: Managing finances, Goals and aspirations, Managing anxiety and stress</p> <p>Citizenship Topics:</p>			

