



THE BEST FROM EVERYONE, ALL OF THE TIME

# The Word

16<sup>TH</sup> OCTOBER 2020

## Headteacher's Round Up

So, yet another week has come to an end. Half term, like the dark nights, is drawing ever closer. I must commend our students for looking so smart. I am also very pleased to see them wearing appropriate clothing for the cold weather. I must also thank you all for your support in ensuring that our students are wearing the appropriate PE kit.

PHSEC days have been very successful for Years 7 & 8. In the students' PSHEC (personal, social, health, economic and citizenship education) lessons this week, they have been learning about the importance of rules, their individual identity and factors which influence it, alongside the meaning of family. They have been reflecting wisely on these key issues and exploring through discussion and debate. I was very pleased to year 7 engaging so positively yesterday afternoon in their activities.

Thank you so much to all parents who contributed to the parental survey. The





responses have been collated and analysed by the senior team, in conjunction with the outcomes of the student survey and the staff survey. I would like to take this opportunity to thank everyone for their support and encouraging comments at this difficult time. Those parents who expressed individual concerns will be contacted by their child's Progress & Development leader (PDL) over the coming week. As well as addressing individual concerns, one of the areas we are looking at most closely, as a result of the feedback, is to provide more outside seating, particularly in the year 10 zone. We are also trying to address concerns raised regarding remote learning, and some of you have already received a call about this.

Finally, we are all trying to support our students to get back into the routine of homework. Our homework clubs are now up and running. If you have any concerns about supporting your child with their homework please do not

hesitate to contact their PDL, who will endeavour to help with this.

### House Points Totals

The running totals for number of house points so far are:

			
<b>5350</b>	<b>6113</b>	<b>5695</b>	<b>6234</b>

### Year 7 Photos



The photographer has advised us that they are aiming to get the school photos to us before

half term. If this isn't possible it will be the first week back after half term.

If you requested orders to be delivered to your home address, then please allow 28 days for your orders to be dispatched. An email alert will be sent upon dispatch of the order.

## Free School Meals



Should your situation have changed recently, for example, you may have recently had need to apply for Universal Credit, you may be eligible for apply for free school meals via the links below depending upon where you live

Solihull residents - <https://www.solihull.gov.uk/fsm>

Birmingham Residents - [https://www.birmingham.gov.uk/info/20014/schools\\_and\\_learning/687/free\\_school\\_meals](https://www.birmingham.gov.uk/info/20014/schools_and_learning/687/free_school_meals)

## Word of the Week

**RESTORE** *verb (used with object), re-stored, re-stor-ing.*

Definition:

- To bring back into existence, use, or the like; reestablish: *To restore order.*
- To bring back to a former, original, or normal condition, as a building, statue, or painting.
- To bring back to a state of health, soundness, or vigor.
- To put back to a former place, or to a former position, rank, etc.

**To restore the king to his throne.**

Origin of restore.

Middle English: from Old French *restorer*, from Latin *restaurare* 'rebuild, restore'.

## Thought of the Week

### The Power of Working Together

United Nations Day 24<sup>th</sup> October

The United Nations is a group of most of the countries in the world (193 out of 195) who came together to agree on their founding charter – the landmark document that embodies the hopes, dreams and aspirations of “we the peoples”. United Nations Day marks the anniversary of the entry into the charter in 1945.

Every day, the women and men of the United Nations work to give practical meaning to that Charter. Despite the odds and the obstacles, they never give up. Extreme poverty is being reduced but we still see inequality growing in the world. Yet they don't give up because they know by reducing inequality they increase hope and opportunity and peace around the world. Conflicts are multiplying - people are

suffering. But they don't give up because they know every man, woman and child deserves a life of peace.



On United Nations Day, the UN reaffirms its commitment.

- To repair broken trust.
- To heal our planet.
- To leave no one behind.
- To uphold dignity for one and all, as united nations.

### Key questions:

Looking at the UN's commitment...

1. Why is trust important in any relationship?
2. How can being united help save the planet?
3. Why is leaving no one behind and equality so crucial for peace and happiness?
4. Why is it important to treat everyone with dignity?

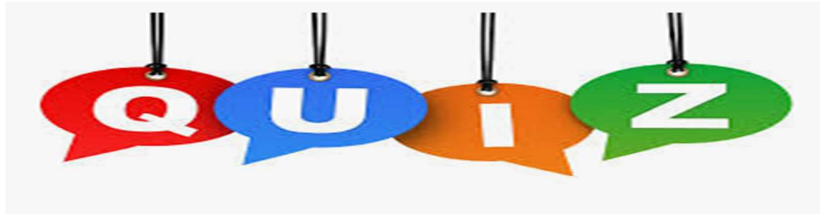
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## House Quiz



The House Sporting Events that would normally be taking place week commencing 19<sup>th</sup> October will not be going ahead as we still aren't running extra curricular PE at this time.

However, there will be a house quiz set on Show My Homework for pupils to complete And still be in with a chance of winning points for their house.



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## Parking around school



Whilst waiting outside school to collect your students, could we please ask that you turn your engines off? At Light Hall School we would like to assist in ensuring the health of students, community and the environment around us.

An idling engine can produce up to twice the emissions of a car that's in motion.

These include chemicals such as Sulphur dioxide, particulate matter and nitrogen oxide to name a few.

All of these contribute to asthma, heart disease and even lung cancer. These chemicals also have a negative effect on the environment by contributing to poor air quality. Stationary idling is also an offence under section 42 of the Road Traffic Act 1988.

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## Consideration

Please remind your child to be careful and considerate when walking or cycling to and from school. They must ensure they are leaving space for other pedestrians to pass them safely on the pavements, especially regarding social distancing.

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## PE after Half Term

After October half term our PE activities will be changing and inevitably the weather will continue to get colder. I therefore felt this would be an appropriate time to share with you the format and some advice for PE up until the Christmas break. In relation to the COVID-19 pandemic we are currently following; the whole school procedures, advice from the Association for Physical Education (AfPE) and sport specific national governing bodies (where appropriate in school). Due to this advice, the curriculum is largely based outside or in appropriately sized indoor spaces. It's also worth mentioning due to the re-organisation of the school into year group zones, some indoor spaces are currently needed to serve other roles for students and are therefore unavailable for PE.

### FAQ

#### What are the PE Kit requirements?

These remain the same throughout the year. A full list of kit requirements can be viewed here;

<https://www.lighthall.co.uk/parents-information/school-uniform/>

#### Will the students go outside in cold weather?

We aim to keep students as active as possible and will continue with lessons in cold weather, obviously with safety being a priority. However, students are encouraged to wear layers to stay warm and plan ahead. For example, in colder weather students could wear a black base layer/skin, with their polo shirt and universal games shirt over the top. This combined with tracksuit bottoms would be much preferable to a skort/shorts and polo shirt on a cold day.

#### Will the students go outside if it's raining?

Firstly, students should continue to arrive at school in their PE kit on the days they have PE lessons. In heavy rain the students will not go outside for PE, in other conditions i.e. light intermittent rain the discretion of the teacher will be used. We obviously will not allow students to get drenched period one and stay in the same clothes all day!

#### What happens is if students are unable to go outside due to the weather or conditions?

If we are unable to take groups outside and there is no indoor space available, we have prepared a series of classroom based PE lessons and will teach the theoretical principles of PE for example diet, fitness principles, health and wellbeing or topical issues within sport.

Below is an overview of the PE curriculum for the next half term, you can find out which group your child is in by looking at their timetable. On the day they have PE it will state the class code for example 7H/2 or 10L/3 you can use this to find the order in which your child will be covering certain activities alongside the dates.

**Football** – For football on the field students will need studded boots, these can be metal or moulded studs, they will also require shin pads. They should still come to school in trainers with their boots in a bag. Astro-turf trainers are not permitted on the field. For football on the astro-turf they will require trainers and shin pads.

**Tag Rugby** – For tag Rugby students will require trainers (no gum shield required)

**Competitive sport** (year 11 only) – Students will require trainers and shin pads.

### Years 7 & 8

	W/B	L/H 1	L/H 2	L/H 3	L/H 4	L/H 5
AUTUMN 2	2 <sup>nd</sup> Nov	Basketball	Football	Tag Rugby	Tag Rugby	Football
	9 <sup>th</sup> Nov	Sports hall	Field (*Boots)	Astro Turf	Courts	Astro Turf
	16 <sup>th</sup> Nov	Tag Rugby	Basketball	Football	Netball	Tag Rugby
	23 <sup>rd</sup> Nov	Astro Turf	Gym	Field (*Boots)	Sports Hall /	Astro
	30 <sup>th</sup> Nov	Football	Tag Rugby	Basketball	Football	Netball
	7 <sup>th</sup> Dec	Field (*Boots)	Astro Turf	Gym	Astro Turf	Sports Hall /
	14 <sup>th</sup> Dec					Courts

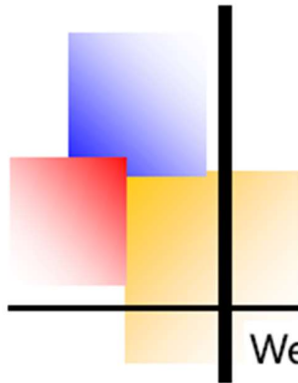
### Years 9 & 10

	W/B	L/H 1	L/H 2	L/H 3	L/H 4	L/H 5
AUTUMN 2	2 <sup>nd</sup> Nov	Basketball	Football	Handball	Netball	Invasion
	9 <sup>th</sup> Nov	Sports hall	Field (*Boots)	Astro Turf	Courts	Astro Turf
	16 <sup>th</sup> Nov	Handball Astro Turf	Basketball Gym	Football Field (*Boots)	Badminton Sports Hall	Netball Courts
	23 <sup>rd</sup> Nov					
	30 <sup>th</sup> Nov	Football Field (*Boots)	Handball Astro Turf	Basketball Gym	Invasion Astro Turf	Badminton Sports Hall
	7 <sup>th</sup> Dec					
	14 <sup>th</sup> Dec					

### Year 11

	W/B	L/H 1	L/H 2	L/H 3	L/H 4	L/H 5
AUTUMN 2	2 <sup>nd</sup> Nov	Basketball	Football	Competitive	Netball	Invasion
	9 <sup>th</sup> Nov	Sports hall	Astro	Sport Gym	Courts	Astro
	16 <sup>th</sup> Nov	Competitive Sport Astro	Basketball Gym	Football Astro	Badminton Sports Hall	Netball Courts
	23 <sup>rd</sup> Nov					
	30 <sup>th</sup> Nov	Football Field (*Boots)	Competitive Sport Astro	Basketball Gym	Invasion Astro	Badminton Sports Hall
	7 <sup>th</sup> Dec					
	14 <sup>th</sup> Dec					

I hope this information is useful, if you have any queries regarding your child's PE programme following half term please contact Mr Churchill - Subject Leader Physical Education or your child's PE teacher.



# Train to Teach Zoom Meet

Wednesday 21st October 2020, 5.00pm



**ARDEN**  
TEACHING SCHOOL ALLIANCE



**Train to teach with Arden Teaching School Alliance  
and The University of Warwick**  
**[traintoteach@arden.solihull.sch.uk](mailto:traintoteach@arden.solihull.sch.uk) 01564 732610**



To join us for a friendly informal discussion about how to become a teacher, please email and we'll send you a link to the meeting. For more information, please visit:

[Arden Teaching School Alliance website](#)

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**Teaching**   
Every Lesson Shapes a Life



Based in Knowle, Arden Academy is the **Lead School** in an Alliance of Solihull-based primary and secondary schools all offering teacher training.

Together with The University of Warwick, an 'Outstanding' ITT training provider, we offer PGCE/QTS courses to both graduates and career-changers via the **School Direct** route.

Thanks to rigorous quality assurance, bespoke training and 1-2-1 mentorship, we have a proven track record turning out inspiring educators. With **School Direct**, you are immersed completely into school life spending 1 day per week at University and 4 days per week in the classroom - where better to train?

For information about how to apply, funding and courses starting 09/2021: email: [traintoteach@arden.solihull.sch.uk](mailto:traintoteach@arden.solihull.sch.uk) telephone: 01564-732610 or visit our website: <https://sites.google.com/arden.solihull.sch.uk/ats/home>

Application window for 2021/22 is now open, check course requirements and apply now: <https://www.find-postgraduate-teacher-training.service.gov.uk/>



Alderbrook Secondary / Arden Academy / Balsall Common Primary  
Bentley Heath Primary / Coppice Juniors / Henley-in-Arden Secondary  
Light Hall Secondary / Lode Heath Secondary  
Park Hall Academy / Smiths Wood Primary Academy