

Careers Education at Light Hall

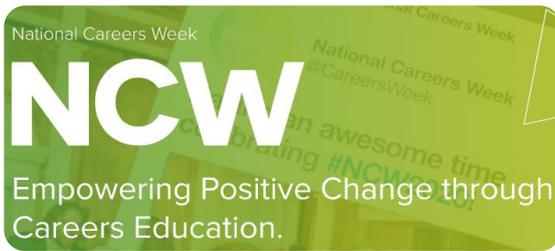


THE BEST FROM EVERYONE, ALL OF THE TIME

MARCH 2021

Life Ready Round Up

This week is National Careers Week!



... and our students will be involved in a number of activities throughout the week.

On Monday, there will be an assembly for all year groups led by Mrs Mohomed, launching this year's theme which is 'Hope'.

This year acknowledges that for many, given the current climate, considering career paths can cause stress: students may experience more pressure, self-doubt and feelings of being overwhelmed than ever.

There are some **great resources** to help students with this that we will be sharing with them over Monday and Tuesday in tutor time. And there is also a parents' NCW pack that has been sent alongside this newsletter for your perusal too.



We will be encouraging students aged 13+ to share their hopes for the future by tweeting:

#hope on our Light Hall Twitter feed

We will also be launching an opportunity for students to create a **well-being advice and top tips guide**, with 10 house points for any submissions! Please encourage your son/daughter to participate.

Task!

- Produce a **well being and stress guide for young people**, using your own and newly learnt tips to support yourselves and others.



We are counting down to the Birmingham and Solihull Careers Fair, which launches:

Thursday 4th March at 9am!

The fair includes information on employment, apprenticeships, skills and training programmes, Further Education and Higher Education, all under one virtual roof

During the live day, many of the exhibitors will be available via 'live chat' to answer questions and give advice but **the site is then live and accessible at all times until the end of the academic year.**

We would like to encourage all parents and students to register for this event:

<https://www.birminghamsolihullcareersfair.co.uk/>

Students can dip in and out during the day if they wish, using breaks and core PE lessons. **But the great news is that it will all be available until July!**

This will be an invaluable resource for Year 11s who unfortunately missed out on the careers fair we usually host bi-annually, and great for other year groups to continue their careers exploration.

There is also a FAQs resource sent alongside this newsletter too. Happy exploring!



If you have any queries relating to the above, please email Mrs Mohomed on kmohomed@lighthall.co.uk