



The Word

THE BEST FROM EVERYONE, ALL OF THE TIME

12TH MARCH 2021

Headteacher's Roundup

It's been a wonderful week at Light Hall. We are so pleased to have all our students back. Our corridors and playgrounds are filled with cheerful chatter and laughter and our classrooms are once again filled with learning. As ever, our students have been fantastic, settling into their routines quickly and co-operatively.

Thank you to them, and you, our parents/carers, for all your support. I am sure you will want to join me in thanking all our staff for their dedication and care for our students.

The lateral flow testing has gone very well due to the efficiency and effectiveness of our testing team. We must thank all our students for being so diligent in wearing their face coverings in school. We know how uncomfortable it can be and we can only thank them for following the guidance to keep all of us safe in school. As soon as government guidance allows, we will review this measure.

We are also pleased to announce that our extra curricular activities are recommencing from 15th March, further details are given later in the Word.

Despite the difficulties in the world at present, we, at Light Hall continue to look for the positives. We are thankful for the mutual support all our school community share, the hard work and effort I see from our students on a daily basis when I go round the school and, of course the small things, our daffodils bloomed in time for the students' return, Churchill House was able to be completed for the children's return and Spring is just round the corner. Please do follow us on Facebook and Twitter to see all the good things going on in school.

Have a lovely weekend


Annette Karblin

Parking

Please be reminded to park within the law and be considerate to our neighbours when dropping off and collecting your children.

House Points Totals

The running totals for number of house points so far are:

			
20910	21514	21647	22017

Word of the Week

AFFECTS

Verb: To have an influence on someone or something, or to cause them to change in some way.

A good nights sleep will **affect** your mood in a positive way.

Parents Information

All Years:

Tuesday 23rd March – Parent Webinar – Technology and Focus (see below for more information)
Friday 19th March – Comic Relief Red Nose Day

Year 7:

15th – 19th March – Year 7 Mid-Point Assessment week
Friday 26th March – PSHEC Day

Year 8:

Thursday 25th March – PSHEC Day

Year 9:

Tuesday 23rd March – PSHEC Day

Year 10:

Wednesday 31st March – PSHEC Day

Year 11:

Uniform

A reminder that hoodies are not part of our uniform and students should not be wearing them to school. From Monday, we will be confiscating any hoodies that students wear in the morning. Students can collect these at the end of the school day. Please ensure your child has a suitable coat. If you need any support with this, please contact the school.

Early Years and Clive Mark have an online facility for ordering uniforms and it gets delivered to you. Ties can be purchased in our school shop and the students can be given them at school once paid for via parent pay.
www.earlyyears.co.uk
www.clivemark.co.uk

Life Ready Weeks

Students were due to be involved in enterprise activities, mock interviews and careers related

activities after Easter in our annual Life Ready Weeks. We have postponed these to July.

Bike Locks

If any students have a bike lock in the bike shed, please can you ask that they remove them before the Easter break, otherwise they will be cut off by the caretakers.

Year 7 Assessment Schedule

Please be reminded that the Year 7 assessment week is taking place week commencing Monday 15th March.

Teaching Group	Maths	Geography	RE	Computing	Music
H1	Wed 17th	Tues 16th	Wed 17th SRE	Tues 16th	Fri 19th JHO
H2	Wed 17th	Tues 16th	Wed 17th HBE	Tues 16th	Fri 19th IHA
H3	Wed 17th	Fri 19th	Mon 15th HPI	Tues 16th	Wed 17th JHO
H4	Wed 17th	Tues 16th	Fri 19th SRE	Tues 16th	Wed 17th IHA
H5	Wed 17th	Mon 15th	Wed 17th MRO	Tues 16th	Wed 17th JHO
L1	Wed 17th	Wed 17th	Mon 15th HBE	Wed 17th	Mon 15th IHA
L2	Wed 17th	Fri 19th	Tues 16th SRE	Mon 15th	Tues 16th JHO
L3	Wed 17th	Thurs 18th	Tues 16th SRE	Wed 17th	Mon 15th JHO
L4	Wed 17th	Fri 19th	Wed 17th SRE	Thurs 18th	Tues 16th IHA
L5	Wed 17th	Fri 19th	Wed 17th HPI	Thurs 18th	Fri 19th IHA

Teaching Group	Art	Drama	History	English Reading	English Writing
H1	Mon 15th	11/03/2021	Wednesday P3	Monday P4	Tuesday P5
H2	Tues 16th	11/03/2021	Monday P3	Monday P4	Tuesday P1
H3	Wed 17th	11/03/2021	Tuesday P5	Tuesday P1	Wednesday P2
H4	Wed 17th	08/03/2021	Tuesday P3	Monday P3	Tuesday P1
H5	Fri 19th	12/03/2021	Tuesday P3	Monday P3	Tuesday P5
L1	Tues 16th	09/03/2021	Monday P5	Tuesday P4	Thursday P2
L2	Mon 15th	11/03/2021	Friday P5	Monday P2	Tuesday P4
L3	Fri 19th	08/03/2021	Monday P5	Monday P3	Tuesday P1
L4	Thurs 18th	09/03/2021	Tuesday P4	Monday P2	Wednesday P1
L5	Tues 16th	10/03/2021	Wednesday P1	Monday P5	Tuesday P1

Teaching Group	Technology
L1	Fri 19th P3
L2	Fri 19th P3
L3	Fri 19th P3
L4	Fri 19th P3
L5	Fri 19th P3
L6	Fri 19th P3
H1	Wed 18th P4
H2	Wed 18th P4
H3	Wed 18th P4
H4	Wed 18th P4
H5	Wed 18th P4
H6	Wed 18th P4

Teaching Group	Science
L1	Wed 17th
L2	Wed 17th
M1	Thurs 18th
M2	Thurs 18th
M3	Thurs 18th
H1	Wed 17th
H2	Wed 17th
I1	Thurs 18th
I2	Thurs 18th
I3	Thurs 18th

Teaching Group	French
L1	Mon 15th & Wed 17th
M1	Wed 17th & 18th
M2	Wed 17th & 18th
I1	Mon 15th & Fri 19th
I2	Thurs 18th & Fri 19th

Teaching Group	Spanish
L1	Mon 15th & Fri 19th
M1	Tues 16th & Fri 19th
H1	Tues 16th & 19th
I1	Mon 15th & Fri 19th
I2	Mon 15th & Fri 19th

Comic Relief

We will be asking students to come to school wearing a red accessory on Friday 19th March in honour of Red Nose Day, with a £1 donation in order to fundraise for this cause. Thank you for your support!



Extra Curricular Activities

Light Hall Extra Curricular Spring 2021 – Week 2

Monday

After school

Indoor Rounders

Year 10* Miss Durrant & Mrs Burnham* Sports Hall
Collection room C2
Kit: Indoor, trainers
2:55 – 3:55 p.m.

Football

Year 10* Mr Churchill & Mr Nicholls* Astro
Collection room Churchill Hall
Kit: Outdoor, trainers, shin pads
2:55 – 3:55 p.m.

Tuesday

Wednesday

After school

Dance/Just Dance Club
Year 7* Miss Durrant & Mrs Burnham* Upper School Hall (Ghandi)
Collection Room 108
Kit: Indoor, trainers
2:50 – 3:50 p.m.

Dodgeball

Year 7* Mr Nicholls & Mr Churchill* Sports Hall
Collection Room 107
Kit: Indoor, trainers
2:50 – 3:50 p.m.

Thursday

After school

Music Tech

Year 9* Mr Hackett and Mr Homer* MR2
Collection room C3
3:00 – 3:40 p.m.

Friday

After school

Music Tech

Year 7* Mr Hackett and Mr Homer* MR2
Collection room G05
3:00 – 3:40 p.m.

Students must sign up to clubs in advance as numbers are limited.

All students are to wait in the allocated collection room to be escorted to the club location

Students attending PE clubs need to arrive in the appropriate kit



Light Hall Extra Curricular Spring 2021 – Week 1

Monday

After school

Dance/Just Dance Club
 Year 8* Miss Durrant & Mrs Burnham* Upper School Hall (Ghandi)
Collection room G03
 Kit: indoor, trainers
 2:50 – 3:50 p.m.

Dodgeball
 Year 8* Mr Churchill & Mr Nicholls* Sports Hall
Collection room G04
 Kit: indoor, trainers
 2:50 – 3:50 p.m.

Tuesday

Wednesday

Thursday

After school

Basketball
 Year 9* Mr Churchill* Sports Hall
Collection Room D1
 Kit: Indoor, trainers
 2:55 – 3:55 p.m.

Football
 Year 9* Mr Nicholls* Astro
Collection room D3
 Kit: Outdoor, trainers, shin pads
 2:55 – 3:55 p.m.

Netball
 Year 9* Miss Durrant & Mrs Burnham* Sports Hall
Collection room D2
 Kit: Indoor, trainers
 2:55 – 3:55 p.m.

Ukulele
 Year 7* Mr Hackett* MR1
Collection room G02
 2:50 – 3:30 p.m.

Band
 Year 10* Mr Homer* MR2
Collection room C14
 3:00 – 3:40 p.m.

Friday

After school

Ukulele
 Year 8* Mr Hackett* MR1
Collection room G04
 3:00 – 3:40 p.m.

Band
 Year 11* Mr Homer* MR2
Collection room – canopy on playground
 3:00 – 3:40 p.m.

Students must sign up to clubs in advance as numbers are limited.

All students are to wait in the allocated collection room to be escorted to the club location

Students attending PE clubs need to arrive in the appropriate kit.



Thought of the week

What makes us happy?

International Day of Happiness 20th March

In July 2012, the United Nations General Assembly adopted Resolution 66/281 which decreed that **International Day of Happiness** would be observed every year on 20 March. The stated aim of the Day is: "To promote happiness as a universal goal and aspiration in the lives of human beings around the world". Further background can be found on the UN [International Day of Happiness](#) web page.

One of the main organisations promoting the Day is **Action for Happiness**. They say "People are now recognising that 'progress' should be about increasing human happiness and wellbeing, not just growing the economy at all costs". They have set up a website with inspirational ideas for things you can do on the day at <http://dayofhappiness.net>. You can also find lots of resources and downloads on the [Action for Happiness website](#).

Another useful website for older students is the [Happy Planet Index](#) which is a 'global measure of sustainable well-being' developed by nef - the new economics foundation. It ranks countries based on rank countries based on "how many long and happy lives each produces per unit of environmental output".

COPING CALENDAR: KEEP CALM. STAY WISE. BE KIND

30 actions to look after ourselves and each other as we face this global crisis together. Please use & share 🙏

- 1 Make a plan to help you keep calm and stay in contact
- 2 Enjoy washing your hands. Remember all they do for you!
- 3 Write down ten things you feel grateful for in life and why
- 4 Stay hydrated, eat healthy food and boost your immune system
- 5 Get active. Even if you're stuck indoors, move & stretch
- 6 Contact a neighbour or friend and offer to help them
- 7 Share what you are feeling and be willing to ask for help
- 8 Take five minutes to sit still and breathe. Repeat regularly
- 9 Call a loved one to catch up and really listen to them
- 10 Get good sleep. No screens before bed or when waking up
- 11 Notice five things that are beautiful in the world around you
- 12 Immerse yourself in a new book, TV show or podcast
- 13 Respond positively to everyone you interact with
- 14 Play a game that you enjoyed when you were younger
- 15 Make some progress on a project that matters to you
- 16 Rediscover your favourite music that really lifts your spirits
- 17 Learn something new or do something creative
- 18 Find a fun way to do an extra 15 minutes of physical activity
- 19 Do three acts of kindness to help others, however small
- 20 Make time for self-care. Do something kind for yourself
- 21 Send a letter or message to someone you can't be with
- 22 Find positive stories in the news and share these with others
- 23 Have a tech-free day. Stop scrolling and turn off the news
- 24 Put your worries into perspective and try to let them go
- 25 Look for the good in others and notice their strengths
- 26 Take a small step towards an important goal
- 27 Thank three people you're grateful to and tell them why
- 28 Make a plan to meet up with others again later in the year
- 29 Connect with nature. Breathe and notice life continuing
- 30 Remember that all feelings and situations pass in time

“Everything can be taken from us but one thing: the freedom to choose our attitude in any given set of circumstances” ~ Viktor Frankl

ACTION FOR HAPPINESS

www.actionforhappiness.org

Uniform Policy

UNIFORM POLICY



Uniform Policy

THE BEST FROM EVERYONE, ALL OF THE TIME

SEPTEMBER 20- JULY 21

Our uniform bears our logo, which represents our core values. Our uniform should be worn with pride. Students are expected to adhere to the uniform rules and present themselves smartly every day as they would in the world of work.

SHOES

We do appreciate that shoes can be an expensive item for parents to buy and we are therefore keen to ensure the correct version is purchased. Your child may tell you differently. Trainer type shoes are not permitted, nor are canvas pumps, trainers or mules. There should be no added "bling" in the form of glittery stones and studs. Shoes should be flat or with a minimal heel, sensible plain style. Black, clean and polished.

Below are examples of shoes the school deems unacceptable.



JEWELLERY & PIERCINGS

A watch for telling the time and one small plain metal stud in each pierced ear lobe are permitted. These must be removed for safety reasons during PE lessons.

No large earrings, glass studs or stretchers.

Only one plain stud per ear lobe is permitted for pupils with pierced ears. No other body piercings are allowed, or piercings covered with plasters.

If your child is going to have their ears pierced please ensure this takes place at the beginning of the six week holiday so that pupils are able to remove earrings if requested without still undergoing the "settling in" period.

MAKE-UP, NAIL VARNISH & FALSE EYE LASHES

Make-up is inappropriate with school uniform and should not be worn.

No nail varnish or false nails to be worn.

False eyes lashes are unacceptable due to Health & Safety concerns.

HAIRCUTS & ACCESSORIES

Conventional hairstyle/colour. No coloured hair/stripes shaved in. Hair not be shorter than a 'No. 2'. cut. Hair accessories must be functional, small and black.



LIGHT HALL UNIFORM (BOYS & GIRLS)

- Black Blazer with Badge
- Black Trousers (conventional width – no tight fitting trousers)
- Black Pleated School Skirt (supplied by either Early Years, Clive Mark or Concept school wear) with pre-embroidered tree on the hemline. The hemline must be on the knee
- Black Straight Skirt supplied by either Early Years, Clive Mark or Concept school wear) with pre-embroidered tree on the hemline or alternatively a black straight skirt can be purchased from a high street store and a badge purchased from school to be sewn onto the hemline (front left). This hemline must be on the knee. The skirt fabric must not be stretch, tube, knitted, leather or faux leather
- Black Socks/Tights. We recommend that tights are worn with skirts.
- White Collared Shirt
- School House Tie – Clip-on
- Black formal shoes (no pumps or trainer style)
- Plain black V neck sweater (to ensure that tie can be seen). No hoodies, sweatshirts or logos.
- Appropriate outdoor coat (no denim, no logos, no hoodies, no sportswear, no leather)
- Headscarves to be plain black only

SPORTSWEAR (BOYS & GIRLS)

- Light Hall Polo Shirt with Light Hall Badge
- Black Shorts with Light Hall Badge or Light Hall Skort
- Universal Sports Top with Light Hall Badge
- Shin Pads
- Black Football Socks
- Trainers
- Gum Shield (advisable for hockey and rugby)
- Football Boots (required for football or rugby)

OPTIONAL

School Base Layer – black

School Track Suit bottoms - from approved supplier with logo. *(During the Covid crisis, on the days they have PE, students may wear plain black track suit bottoms. No leggings or coloured track suit bottoms.)*

All students uniform should be clearly named.

All students should have an appropriate school bag, suitable to carry a day's books and their pencil case.