



The Word

THE BEST FROM EVERYONE, ALL OF THE TIME

24TH MARCH 2023

Headteacher's Roundup

Welcome to Spring 2023! Remember the clocks "spring forward" by 1 hour on Sunday morning. We are very much looking forward to longer days and warmer weather.

This week years 8 and 10 have had their PHSEC lessons. Year 8 had some very interesting discussions regarding addiction and the ways this can begin. Year 10 concentrated on understanding the importance of a healthy lifestyle, creating good habits and how to keep themselves safe.

Key Stage 3 participated in our Sharing Stories, Take 10 at 10 on Tuesday. They were very engaged in the story they shared, which was Shadow of the Wind. If you would like more details or would like any tips on how to engage your child in reading at home, please contact Mr Brookes. sbrookes@lighthall.co.uk

Thank you to all the parents who took part in year 10 parents' evening last night. We do find that the online system is so much more convenient for parents.

We have lots of exciting house events coming up next week, kicking off with our easter egg hunt on Monday lunchtime. Mr Cooney has been busy devising clues and no "eggexplorer" goes home empty handed!

Wishing you a peaceful weekend.

Annette Warblin



Year 9 Booster Vaccinations

Please ensure all forms are handed back to their form tutor by Monday 27th March. Vaccinations will take place on 17th and 18th April.

Word of the Week

CONCLUDE

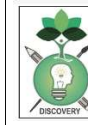

Verb: To bring to an end; finish; terminate.

The chairman **concluded** his speech by wishing us all a happy holiday.

As the fun and successful Easter Egg Hunt **concluded** all the children went home with their goody bags.

House Points Totals

The running totals for number of house points so far are:

			
38271	36556	38503	36315

Diary Reminders

All Years:

Friday 31st March – Term Ends

Year 7:

Monday 27th March – Friday 31st March – Year 7 Assessment Week

Tuesday 28th March – Year 7 Netball Tournament

Year 8:

Friday 21st April – Year 8 reports issued to parents

Thursday 27th April – Year 8 Parents' Evening

Year 9:

Tuesday 28th March – Year 9 PSHEC Day

Thursday 30th March – U14 Basketball vs Alcester Grammar School (A)

Monday 17th and Tuesday 18th April – Year 9 Teenage Booster Vaccines

Year 10:

Thursday 30th March – Year 10 Netball vs Tudor Grange (H)

Year 11:

Thursday 30th March – Year 11 Netball vs Tudor Grange (H)

Friday 21st April – Year 11 Grades & BFL issued to parents

Thought of the week

What have we got to celebrate this term?

A number of studies have found that celebrating brings significant benefits, including improved physical health and better coping strategies. People who take time to reflect on — and celebrate — their successes are generally more optimistic, take better care of themselves and tend to be less stressed. Celebrations increase people's sense of well-being.

Celebrating success doesn't have to be complicated. It might be as simple as buying a colleague a coffee and cupcake when something good has happened, sending a congratulations email or having a celebrations board in the staff room. You can also make celebration a regular part of your work practice. At team or staff meetings, you might invite everyone to talk about one thing they want to celebrate or you might have a monthly team recognition, where people nominate the people or things they would like to acknowledge and celebrate.

And it isn't just the big successes that can be celebrated. In fact, celebrating often by focussing on small wins along the way is actually more beneficial and motivating than only celebrating the big stuff. You might celebrate finishing a long project, or you might focus on small personal successes or milestones, like dropping a child at school

without tears, walking after work for a week, cleaning out your shed or reconnecting with a friend.



By celebrating our own achievements, we are also modelling this behaviour with the people we work alongside, whether they be clients, students or colleagues. If we regularly celebrate our successes, we are more likely to notice and celebrate their successes, which encourages them to notice and celebrate themselves.

It can be easy to get caught up in the demands and stresses of work but taking time out to celebrate can be an important way to build connections, remind us why we do what we do, and generate hope.

How do you celebrate in your team or workplace?

Taken from: <https://innovativeresources.org/why-celebrating-successes-is-important-to-our-mental-health/>

Year 8 enrichment trip to the National Space Centre - Wednesday 5th July 2023

If your child would like to attend, please pay £34.00 due by 1st May via Parent Pay. All Year 8 students have been invited to attend this trip, subject to behaviour, attendance and other contributing factors. If interested **please pay promptly** to secure your child's space. Until payment has been made your child's space is not reserved. Further information has been sent to all Year 8 parents.

All students will be given access to the Planetarium throughout the day which includes:

- Entrance to the Rocket Tower and all 6 interactive galleries
- Reserved space in our shared lunch room to eat your packed lunch
- Entrance to the Sir Patrick Moore Planetarium: <https://education.spacecentre.co.uk/visiting-us/sir-patrick-moore-planetarium>

The students will also be divided into groups during the day to participate in workshops on:

- Astronaut education
- The Great Rocket Challenge! : <https://education.spacecentre.co.uk/visiting-us/activities/the-great-rocket-challenge-ks3>

Parents and students are welcome to prepare for the visit by looking at the website: <https://spacecentre.co.uk/>



Year 7 Assessment Schedule

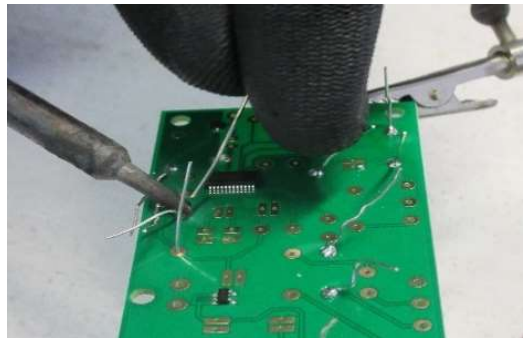
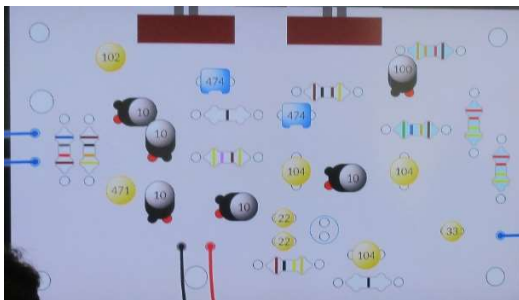
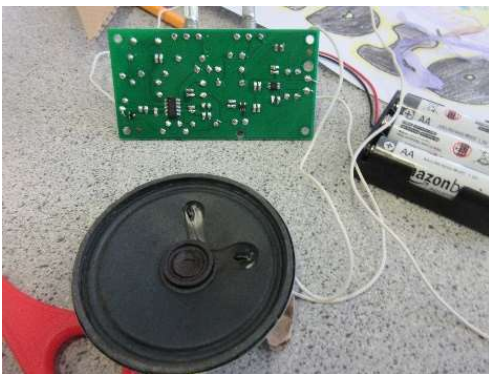
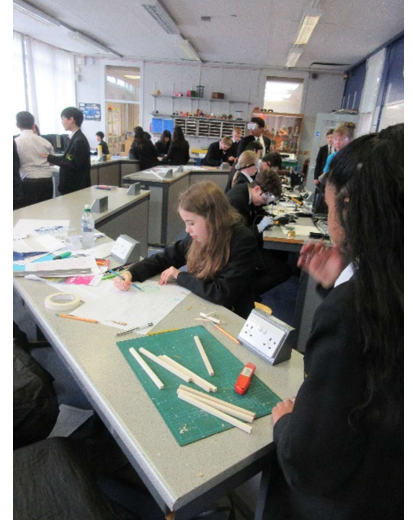
English		Maths		Science		L&M		Drama	
H1	28/03 - P5	H1	30/3 - P4	H1	29/03 - P5	H1	29/03 - P1	H1	31/03 - P5
HE	28/03 - P3	H2	30/3 - P4	HE	30/03 - P2	H2	29/03 - P5	HE	31/03 - P5
HN	28/03 - P3	H3	30/3 - P4	HN	30/03 - P5	H3	29/03 - P1	HG	30/03 - p3
HG	28/03 - P5	H4	30/3 - P4	HG	29/03 - P5	H4	27/03 - P5	HN	31/03 - P1
L1	28/03 - P3	L1	30/3 - P3	L1	30/03 - P1	L1	30/03 - P5	L1	31/03 - p1
LE	28/03 - P3	L2	30/3 - P3	LE	29/03 - P2	L2	28/03 - P2	LE	31/03 - p4
LN	28/03 - P5	L3	30/3 - P3	LN	30/03 - P4	L3	29/03 - P3	LG	28/03 - p2
LG	28/03 - P3	L4	30/3 - P3	LG	29/03 - P4	L4	29/03 - P3	LN	28/03 - P2

History		Geography		IT		Music		Design Tech	
H1	30/03 - P2	H1	30/03 - P5	H1	29/03 - P2	H1	28/03 - P3	H1	31/03 - P4
H2	29/03 - P1	HE	29/03 - P2	HE	27/03 - P4	H2	30/03 - P5	H2	31/03 - P4
H3	29/03 - P5	HN	28/03 - P5	HN	27/03 - P5	H3	29/03 - P4	H3	31/03 - P4
H4	30/03 - P5	HG	29/03 - P2	HG	28/03 - P3	H4	31/03 - P5	H4	31/03 - P4
L1	30/03 - P4	L1	31/03 - P2	L1	30/03 - P2	L1	29/03 - P3	H5	31/03 - P4
L2	30/03 - P5	LE	30/03 - P2	LE	30/03 - P1	L2	31/03 - P1	L1	27/03 - P4
L3	30/03 - P5	LN	27/03 - P3	LN	31/03 - P4	L3	29/03 - P2	L2	27/03 - P4
L4	31/03 - P2	LG	30/03 - P1	LG	30/03 - P5	L4	27/03 - P2	L3	27/03 - P4
								L4	01/03 - P5
								L5	01/03 - P5

French		Spanish		German		Art and D		Art and Design	
H1	31/03 - P2	H2	31/03 - P1	H1	28/03 - P1	L1	23/03 - P3 27/03 - P1	H1	20/03 - P1 31/03 - P5
H2	28/03 - P1	H3	31/03 - P2	H4	31/03 - P2	LE	24/03 - P2 30/03 - P4	HE	24/03 - P5 31/03 - P4
H3	28/03 - P1	H4	31/03 - P3	L1	28/03 - P4	LG	20/03 - P5 29/03 - P2	HG	24/03 - P3 31/03 - P3
L1	31/03 - P5	L2	31/03 - P4	L4	31/03 - P5	LN	23/03 - P1 30/03 - P1	HN	23/03 - P3 27/03 - P2
L2	28/03 - P3	L3	31/03 - P5						
L3	28/03 - P4	L4	31/03 - P6						

Year 8 STEM Day

Year 8 students were set a challenge to work in teams to design and make a functioning radio and present their concept to the group.

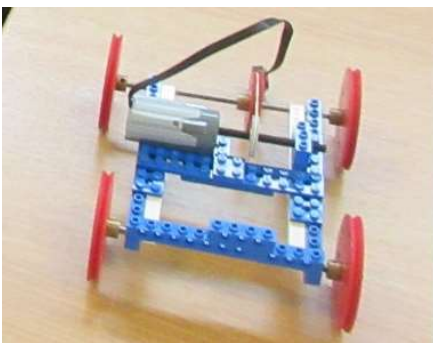
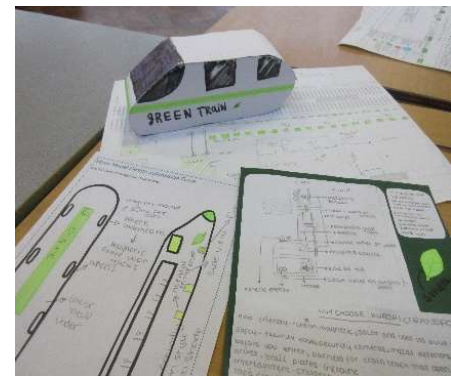
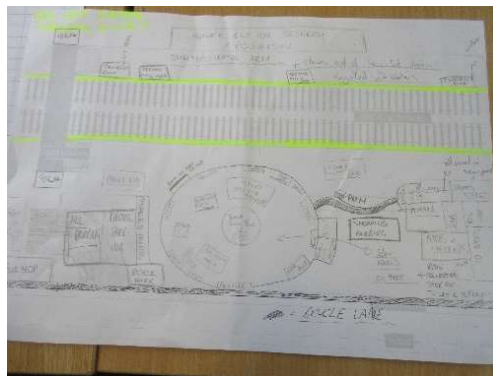
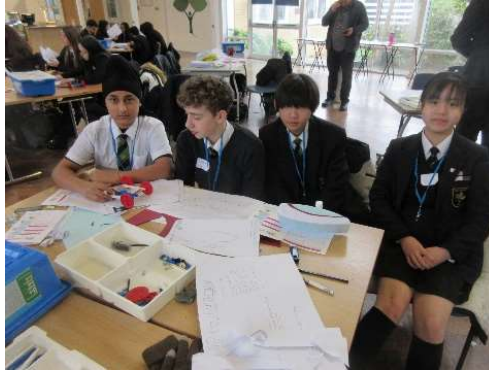


Congratulations to the winning team who created a high quality electronic circuit to create a working radio and presented their concept to a high standard

Mya L	Renee S	Hysen L
Haisley C	Emily C	Haylea T

Year 9 STEM Day

Year 9 has to work in teams to design and build a sustainable station of the future, a Train Chassis to travel down an electrical track and design a train of the future.



Congratulations to the **OVERALL** Winners

Scarlett B
Chloe S
Tia T

Zunairah K
Shayma Y
Zunairah K









PE Extra-Curricular Clubs – W/B 27th March 2023

Time: 3.00 – 4.00pm

Students must bring the appropriate PE kit for the activity that they are attending. Shin pads should be worn for football and plain black leggings can be worn for dance.

Students should go to the appropriate changing room for their activity and get changed as quickly as possible so that clubs can start on time.

PLEASE NOTE THIS WEEK MONDAY CLUBS ARE ON TUESDAY!

Monday	Tuesday	Wednesday	Thursday	Friday
	Boxing Fitness Years 7-11 Mr Andrews Gym 	Boys Football Year 7 Mr Tizard Field 	Skittles Year 7 Mr Tizard Gym	Multi-Sports Years 7-11 Mr Nicholls Sports Hall 
	 Netball Years 8 & 9 Mrs Pemberton Sports Hall/Courts	 Netball Year 7 Mrs White Gym	Netball MATCH Y10 & 11 vs Tudor Grange Mrs Pemberton Courts	
	OCR Sports Science Catch Up Year 10 & 11 Mr Nicholls Room: Library 	Basketball Year 8 & 9 Mr Nicholls Sports Hall 		
	Netball TOURNAMENT Year 7 Tournament Mrs White AWAY @ Alderbrook	 Table Tennis Years 7-11 Mr Andrews Churchill Hall	U14 Basketball vs Alcester Grammar School Mr Nicholls AWAY @ AGS	
		Girls Football Years 7-11 Mrs Pemberton Astro		