



Head

*Tactics and Strategy;
decision making
analysis; confidence*

Exceeding	A	<ul style="list-style-type: none"> Regularly select, explain and use relevant skills within their performances Regularly apply tactical/chorographical knowledge to influence performances Plan and evaluate the use of strategies within their performances 	
	Expected	B+	<ul style="list-style-type: none"> In a range of topics, select, explain and use relevant skills within their performances. In a range of topics, use tactical/chorographical awareness to influence performance. Explain and describe the use of strategies within their performance.
		B-	<ul style="list-style-type: none"> In a small range of topics, select, explain and use relevant skills within their performances. In a small range of topics, use tactical/chorographical awareness to influence performance. Identify and describe the use of strategies within their performance.
		Embedding	C-



Heart

social; emotional; effort;

Understanding the body & participation

Exceeding	A	<ul style="list-style-type: none"> • I demonstrate excellent communication skills and motivation skills. • I am a role model to my peers and embody enjoyment for all that PE involves. I am empathetic to others and their ability, and can positively coach others. • I understand the workings of the body and why participation is important for lifelong health & fitness
	Expected	B+
B-		<ul style="list-style-type: none"> • I am able to show enthusiasm and good social skills when working independently, in a pair or group setting. • I demonstrate positive behaviour and attitude towards Physical Education. • I can communicate my ideas respectfully. • I can identify positives of participating in physical activity.
Embedding	C	<ul style="list-style-type: none"> • I organise myself for lessons and arrive on time with full PE kit. • I show respect to my peers and co-operate with my teachers. • I am developing a good attitude towards Physical Education and can demonstrate basic communication skills.



Hands

*Motor competence;
technical; fluency*

Exceeding	A	<ul style="list-style-type: none"> • Perform a variety of skills and techniques across a wide range of sports/activities. • Perform relevant skills in small sided, conditioned games. • Perform a range of skills with fluency. • Across a wide range of PE topics, meet the physical demands for the activity. 	
	Expected	B+	<ul style="list-style-type: none"> • Perform a variety of skills and techniques across a range of sports/activities. • Perform relevant skills in either isolation or a small sided conditioned game. • Perform a range of skills with varied fluency. • Across a range of PE topics, meet the physical demands for the activity.
		B-	<ul style="list-style-type: none"> • Perform a range of skills and techniques in most sports/activities. • Perform skills with some relevance in isolation or a small sided conditioned game. • In a small range of topics, perform skills with fluency. • Across a small range of PE topics, meet the physical demands for the activity.
		C	<ul style="list-style-type: none"> • Perform a basic range of skills and techniques in a limited number of sports/activities. • Perform skills inconsistently in isolation or a small sided conditioned game. • In a limited range of topics, perform some skills with fluency. • Across a limited range of PE topics, meet the physical demands for the activity.
Embedding			