

12 JANUARY 2024



# THE WORD

# Light Hall School

*The best from everyone, all of the time.*

## HEADTEACHER'S ROUND-UP

Happy New Year! Welcome back to everyone. It was splendid to see all our students returning on Monday looking so smart and refreshed after the break. They have coped very well with the cold that we have had.

This week and next are our life ready careers weeks in school. Year 9 have taken part in a variety of enterprise activities using their creativity and team working skills. Year 7 will be doing the same next week. Our life ready week prompts all the student to think about their futures and what it will look like for them when they complete their education with us.

Year 8 are taking part in their inspire to aspire activities today. We have been very fortunate to welcome some excellent speakers into school, many of whom are parents. Thank you so much for your support. Our young people are really benefitting from learning about what the future might hold for them.

This year we are celebrating Light Hall being 60! There will be various events between now and September, to celebrate this significant milestone in the life of our school and in our Light Hall family

Applications are rolling in for the Sixth form with only one week to go before the application window closes, please can you remind your children that if they would like to apply they only have a short amount of time.

Thank you to everyone for their hard work this week, I hope you all have a lovely weekend.

*Annette Kumblien*

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## WORD OF THE WEEK

### INTEGRAL

Verb: Necessary to the completeness of the whole.  
Rituals and festivals form an *integral* part of every human society.

Noun: The result of a mathematical *integration*.

## HOUSE POINTS



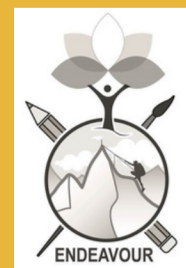
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31664



34346



33423

*The best from everyone, all of the time.*

# DIARY REMINDERS

## ALL YEARS:

Wednesday 31st January - School closes at 2pm  
Wednesday 7th February - INSET DAY

## YEAR 7:

Monday 15th January - Year 7 B Team Netball vs Grace Academy  
Thursday 18th January - Year 7 Netball vs Langley (A)  
Friday 26th January - Year 7 Reports to Parents  
Wednesday 31st January - Year 7 Parents' Evening

## YEAR 8:

Monday 15th January - Year 8 B Team Netball vs Grace Academy  
Thursday 18th January - Year 8 Netball vs Langley (A)  
Monday 22nd January - Year 8 Girls Football Tournament at Tudor Grange - 3.45pm - 5.15pm

## YEAR 9:

Thursday 18th January - Year 9 Meningitis and DTP Vaccination  
Monday 29th January - Friday 2nd February - Year 9 Assessment Week  
Thursday 1st February - Year 9 Netball vs Tudor Grange

## YEAR 10:

Tuesday 30th January - Year 10 PSHEC Day

## YEAR 11:

Friday 19th January - Sixth Form Application Deadline

## SOCIAL MEDIA

**Don't forget** to like our Facebook and Instagram pages where you can see snippets of school life and Interesting facts, which give you another dimension of what's going on in school.

<https://www.facebook.com/LightHallAcademy/>  
<https://www.facebook.com/lhs6thform/>  
<https://www.instagram.com/lhs6thform/>  
<https://twitter.com/lighthallschool/>





# Light Hall

## Sixth Form

### SIXTH FORM APPLICATIONS

Happy New Year to you all!

I hope you had a great Christmas break. Now we are back into a new term, I wanted to remind you that there is only one week left until the internal Sixth Form application deadline of Friday 19th January.

Please encourage your Year 11 students to make sure that they have completed their application - the link to do this has been sent to their school email address.

If you need a little more support in terms of the A-Levels available here at Light Hall, may I point you in the direction of our Sixth Form prospectus, which can be found here: <https://www.lighthall.co.uk/about-us/> and also a list of the A-Level subjects that we offer here: <https://www.lighthall.co.uk/student-support/a-level-subjects/> .



## Light Hall Sixth Form

Applications Deadline – Friday 19<sup>th</sup> January!



FOLLOW US: @LHS6thFORM  
Email: [sixthform@lighthall.co.uk](mailto:sixthform@lighthall.co.uk)  
<https://www.lighthall.co.uk/sixth-form/>



# THOUGHT OF THE WEEK

## Why reflecting on the past is good for the future New Year



This is often the time of year that people start to think about their goals and dreams for the coming year. New year's resolutions date back almost 4,000 years ago to when the Babylonians used the new year to resolve debts and start each new year afresh. This has led more and more to the modern concept of new year's resolutions.

Nowadays, we use resolutions to do or not do something in order to accomplish a personal goal or break a habit we wish to change. The end of the year often is a time to reflect on the past year and consider ways to improve oneself as a new year begins. An important part of this process is taking the time to truly reflect and understand your past year so that you can grow as a person in the upcoming year.

### What should you reflect on?

Reflection comes in a lot of forms and sometimes people can get bogged down with the negative, but reflection should be more holistic and focusing both on positive, negative, and areas for growth. Consider these concepts as you are doing your reflection:

- Recognise your accomplishments for what you did well.
- Reflect on the lessons you learned
- Consider new knowledge and skills you acquired
- Acknowledge your mistakes and missteps
- Analyse how you could do better moving forward in areas you didn't do as well
- Reflect on what gave you joy and what you're truly passionate about
- Think about areas you would like to grow in



## Year 10 History Belgium Trip

The second payment of £150 is due to be paid by **Friday 9th February 2024** via ParentPay for the students attending History trip to Belgium.















If you are having any issues making this payment, please contact Miss Kay by email [akay@lighthall.co.uk](mailto:akay@lighthall.co.uk)



# PE Extra-Curricular Timetable

Please ensure students bring the appropriate PE kit for the activity they are attending. Shin pads should be worn for football and gum shields for rugby.

All students should go to the appropriate changing room for their activity and get changed as quickly as possible so that clubs can start on time.

Monday 15 <sup>th</sup> January	Tuesday	Wednesday 17 <sup>th</sup> January	Thursday 18 <sup>th</sup> January	Friday 19 <sup>th</sup> January
 <b>Dance</b> All Years Mrs White Gym		 <b>Basketball</b> Year 7 & 8 Mr Bate & Mr Cole Sports Hall	 <b>Netball</b> All Years Mrs Pemberton/Mrs White Sports Hall/Courts	 <b>Girls Football</b> All Years Mrs Pemberton Astro
<b>OCR Sport Science Intervention</b> Year 11  Mrs Pemberton E7		<b>Table Tennis</b> All Years Mr Grasso  Churchill Hall	<b>OCR Sport Science Intervention</b> Year 11  Mr Yates E7	<b>Badminton</b> 9-11  Mr Yates Sports Hall
<b>Boys Football Academy Invitation Only</b> Year 7 & 8 Mr Grasso Astro		 <b>Basketball</b> Year 9-11 Mr Yates Gym	 <b>Netball Academy Invitation Only</b> Mrs Pemberton Sports Hall After Netball Club	
<b>Badminton</b> Year 7 & 8  Mr Cole Sports Hall			<b>Rugby</b> All Years  Mr Cole Field	
			 <b>Boys Football</b> Year 7 & 8 Mr Grasso Astro	
			<b>Netball Fixture</b> Year 7 & 8 A  AWAY @ Langley	



# Extra-Curricular Timetable Spring 24

## Light Hall Extra Curricular Spring 2024

### Monday

#### Lunch time

Jazz Band Invitation Only  
Mr Homer\*MR2

#### After school

Dance Y7-11  
Mrs White  
Gym

Boys Football Academy  
Invitation only  
Y7 & Y8  
Mr Grasso\*Astroturf

Badminton Y7 & Y8  
Mr Cole  
Sports Hall

Music Production GCSE Y11  
Mr Homer\*MR2

### Tuesday

#### Lunch time

Drama Club Y7-9  
Mrs Brown & Miss Justice  
Drama Studio

KS4 Art Drop-In  
After School  
Monday, Wednesday,  
Thursday  
A05,A06,A03

### Wednesday

#### After school

Basketball Y7 & Y8  
Mr Cole  
Sports Hall

Table Tennis Y7-11  
Mr Grasso\*Churchill Hall

Basketball Y9-11  
Mr Yates  
Gym

Guitar Club Y7-11  
Mr Homer\*MR1

Art Club Y7-9  
A05,A06

### Thursday

#### After school

Science Club Y7-8  
Mr Abbas\*D2

Netball Y7-11  
Mrs Pemberton & Mrs  
White  
Sports Hall/Courts

Netball Academy  
Invitation Only  
Mrs Pemberton & Mrs  
White  
Sports Hall – After Netball  
Club

Rugby Y7-11  
All years  
Mr Cole\*Field

Boys Football Y7 & Y8  
Mr Grasso  
Astroturf

### Friday

#### Lunch time

LGBTQIA+ Safe Space  
Y7-11  
Miss Savva  
C6

#### After school

Girls Football Y7-11  
Mrs Pemberton  
Astroturf

Badminton Y9-11  
Mr Yates  
Sports Hall

Rock Band Invitation Only  
Mr Homer\*MR2

- After school clubs are 3pm – 4pm.
- Please inform parents/carers that you will be attending.
- PE Clubs – please ensure you bring the correct kit for the activity and meet outside the gym changing rooms for all clubs

#### Key

PE	Music
Science	Art
Humanities	Drama

