

The best from everyone, all of the time.

### **HEADTEACHER'S ROUND-UP**

We have had a very busy and happy week at school. With such a short half term, we are already heading into our final week before the Easter break. Time has flown by.

We have had numerous visitors in school this week. Our students had the opportunity to meet with the author, Chris Bradford, on Wednesday. He was reading and performing with them in the Library.

We have celebrated National Science Week, with assemblies themed around 'time', a poster competition, form time quizzes and a time capsule for Light Hall's 60th Birthday. Today, Year 8 have been taking part in the BAE Systems Education Programme 2024. They came in and delivered the roadshow in partnership with the RAF and the Royal Navy.

All staff have had a great time providing feedback to all our students who have undertook their GCSE food tech practical assessments. Well done to all involved, the creations looked splendid!

Our sports men and women have been very active and successful this week. Our U13 girls' football took part in a tournament, in which they played well and gained valuable experience against other Solihull Schools.

Olivia took part in the Karate Youth Championships over the weekend, she was the youngest in her category and managed to win a Bronze Medal.

Chloe and Rosie competed in the English School Swimming Championships and performed outstandingly. Chloe received a GOLD award for the 200m IM, along with 4 other silver and bronze awards. Rosie received a SILVER award for the 6 x 50m Medley Relay, along with 4 other bronze awards.

We are so proud of all the students who take part in any extra curriculum activities. They demonstrate tremendous commitment and hard work whilst having lots of fun.

I have personally taken part in some of the Sixth Form interviews this week and I cannot express how impressed I have been with all our students. They are rapidly becoming fine young adults and we are very much looking forward to working with them in years 12 and 13. We are all very proud of them.

Hope you have a restful weekend.

Annette lambles

### **INSIDE THIS ISSUE**

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### **WORD OF THE** WEEK

### SUPPLEMENT

Verb: To add to something to make it better.

I need a few more Tshirts to *supplement* my gym wear.

Noun: Something that completes or make an addition.

The newspaper publishes a sports supplement every Monday.

### **HOUSE POINTS**



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# **DIARY REMINDERS**

**ALL YEARS:** 

Thursday 21st March - Hosting Cross-Country Monday 25th March - Friday 5th April - Easter Holidays

**YEAR 7:** 

**YEAR 8:** 

Friday 15th March - Year 8 BAE Systems, RAF and Royal Navy Education Programme Roadshow Monday 8th April - U13s Girls Football Satellite Tournament @ Tudor Grange - 3.45pm - 5.15pm

**YEAR 9:** 

Monday 18th March - Year 9 Netball v Lyndon (H) Tuesday 19th March - Year 9 Rugby Touch Tournament at Moseley Rugby Club -10am - 3.30pm

**YEAR 10:** 

Monday 18th March - Year 10 Netball v Lyndon (H)

**YEAR 11:** 

Monday 18th March - Year 11 Football v Lode Heath (A)

### **Elevate Education Parent Webinar**

We're excited to announce that Elevate Education will be hosting their next parent webinar on supporting your child during exams on March 19th.

Elevate works with our students, delivering high-impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series, you'll learn how you can help support your child at home by reinforcing the skills they're learning at school.

Sign up for the session below to learn how you can improve your child's exam performance by helping them to establish a good routine in the run-up to an assessment.

### **How You Can Support Your Child During Exams**

Tuesday 19th March 6:00-7:00pm (GMT)

Register using this link: https://go.elevateeducation.com/ukschoolwebinar/

Here's what Elevate will be covering on the night:

- Helping your child prepare in the week before an exam
- · Establishing a good routine for your child the night before
- Helping your child to optimise their exam performance

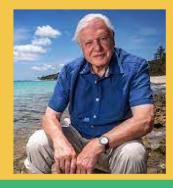


# **Sixth Form Update**

### WHY STUDY BIOLOGY AT A-LEVEL?

A-level Biology is a challenging and rewarding course that will give you a deep understanding of the living world, from the smallest molecules to the largest ecosystems. You will learn about the fundamental principles of biology, including evolution, genetics, and ecology, and you will have the opportunity to develop essential scientific skills such as designing and carrying out experiments, analysing data, and drawing conclusions. These skills are highly transferable and will be valuable in any career.

### FAMOUS FACES WHO HAVE AN A-LEVEL IN BIOLOGY:







### **MEET MR BUTLER - HEAD OF SCIENCE:**

- Mr Butler studied A-Level Biology, Chemistry, Maths and Psychology
- He went on to study BSc (Hons) Human Biology (First Class) and PGCE Science at Loughborough University
- What he enjoyed: "University life created some of the fondest memories I have. I thoroughly enjoyed my course, and being able to learn a lot more about the workings of different body systems; I have a particular interest in how genetics and biophysics at a cellular level can inform our development of biotechnology in ground breaking research. I have also retrained as a physics specialist, including over 150 hours of university lectures and subject knowledge enhancement. In this I have a particular interest in the standard model of particle physics and the progression of understanding through classical Newtonian physics into modern physics based around general relativity."



You can find out more about the A-Levels on offer at Light Hall here: <a href="https://www.lighthall.co.uk/student-support/a-level-subjects/">https://www.lighthall.co.uk/student-support/a-level-subjects/</a>. If your son/daughter or you have any questions relating to the Sixth Form, then please contact Mr Brookes to discuss at <a href="mailto:sixthform@lighthall.co.uk">sixthform@lighthall.co.uk</a>

# THOUGHT OF THE WEEK

# How does science change the way we live? National Science Week

### What is British Science Week?

Each year, the British Science Association runs a ten-day celebration of science, technology, engineering and maths called British Science Week. People from all over the UK take part in events and activities to develop their skills in these areas.

### When is British Science Week?

In 2024, British Science Week will take place from the 8th of March until the 17th of March, running with the theme of 'Time'. Our science lovers at Twinkl have handpicked all the resources to celebrate British Science Week that are available here!

### How is British Science Week celebrated?

Across all educational age groups, from Early Years to Primary and Secondary, British Science Week is represented in and outside the classroom with a series of activities and events to help promote the benefits of scientific involvement, as well as giving the opportunity to learn about famous scientists and their fields of work.

To aid this process, the British Science Association create specially made resources for the occasion to support learning providers, with different themes operating each year. However, people of all ages and persuasions can take part, with a wide range of institutions, such as community groups and cultural centres, engaging in the event.

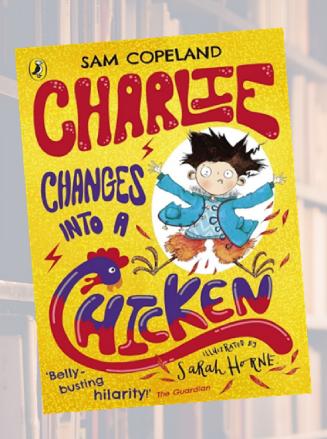


# **Year 10 Assessment Schedule**

	English		Maths		п		L&M		French
H1	8/04 - P5, 11/04 - P2	H1	12/04 - P2	A1	15/04 - P2 & 16/04 - P3	H1	16/04 - P2	A1	15/04 P2, 16/04 P3, 17/04 P5
Н2	8/04 - P5, 11/04 - P2	H2	12/04 - P2	A2	15/04 - P2 & 16/4/24 P3	H2	17/04 - P4	B1	11/04 P1 and 12/04 P5 and 16/04
нз	8/04 - P5, 11/04 - P2	НЗ	12/04 - P2	B1	11/04 - P1 & 12/04 - P5	НЗ	16/04 - P4		Spanish
Н4	8/04 - P5, 11/04 - P2	H4	12/04 - P2	B2	11/04 - P1 & 12/04 - P5	11	12/04 - P4	A1	15/04 P2, 16/04 P3, 17/04 P5
Н5	8/04 - P5, 11/04 - P2	Н5	12/04 - P2	C1	8/04 - P4 & 9/04 - P5	12	12/04 - P4		
L1	8/04 - P5, 11/04 - P5	L1	12/04 - P3		Computing	L1	18/04 - P1		Business studies
L2	8/04 - P5, 11/04 - P5	L2	12/04 - P3	C1	8/04 - P4 & 9/04 - P5	L2	16/04 - P4	B1	11/04 - P1
L3	8/04 - P5, 11/04 - P5	L3	12/04 - P3		Sports Science	M1	15/04 - P4	B2	11/04 - P1
L4	8/04 - P5, 11/04 - P5	L4	12/04 - P3	C1	12/04 - P1	M2	15/04 - P4	C1	12/04 - P1
L5	8/04 - P5, 11/04 - P5	L5	12/04 - P3	C2	12/04 - P1	МЗ	15/04 - P4	C2	12/04 - P1

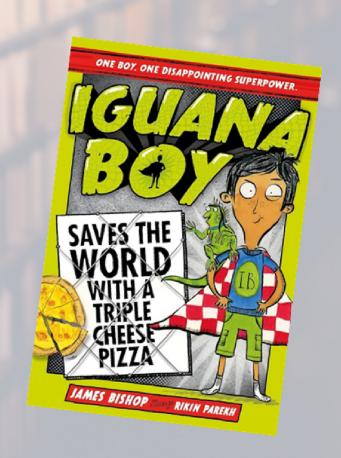
Ti	riple Science	D	esign Tech		History	I	Geography		Science
A1	10/04 - P3	A1	15/04 - P2	H1	11/04 - P4	11	08/04 - P1, 16/04 - P2	H1	08/04 - P2
B1	11/04 - P1	B1	11/04 - P1	H2	11/04 - P4	12	08/04 - P1, 16/04 - P2	H2	08/04 - P2
C1	12/04 - P1		Food Technology	НЗ	11/04 - P4	M1	08/04 - P2 & 11/04 - P3	НЗ	08/04 - P2
	Child Development	B1	11/04 - P1	L1	15/04 - P4	M2	08/04 - P2, 11/04 - P3	нс	08/04 - P2
A1	15/4 - P2	C1	12/04 - P1	L2	15/04 - P4	МЗ	08/04 - P2, 11/04 - P3	ні	08/04 - P2
C1	12/4 - P1			A1	15/04 - P2		Drama	HS	08/04 -P2
					Music	A1	15/04 - P2	L1	08/04 - P1
				B1	12/04 - P5	C1	15/04 - P1	L2	08/04 - P1
								L3	08/04 - P1
								LC	08/04 - P1
								LI	08/04 - P1
								LS	08/04 - P1

### **Recommended Reads for this week**



The first instalment of Sam Copeland's sublimely silly - yet surprisingly sensitive - series about a boy with very particular transformational abilities is deceptively smart and tightly written fun for fans of Liz Pichon, Roald Dahl and David Walliams!

One boy. One disappointing superpower. Can Dylan tame a bunch of hyper iguanas and come up with a masterful plan to save the WORLD? Yeah, probably ... but he's going to need a MASSIVE cheese pizza. Perfect for fans of Tom Gates, Future Ratboy and My Brother is a Superhero.



## **Sporting Achievements**

Congratulations to Olivia in year 7 who competed in the Karate Youth Championships last week against 12-15 year olds. Despite being one of the youngest in the category she came away with a bronze medal; hard work pays off - well done Olivia.



Congratulations to Rosie G Year 7 and Chloe G Year 8 who competed last weekend as part of the West Midlands School team at the National English Schools Swimming Championships.

These Championships are the biggest and most talked about school swimming event of the year and attract top school age swimmers from the whole country. The competition has 8 regions across the country competing. The girls swam in the junior category. This is for swimmers in year 7 and 8. There are only 4 spaces for females in the junior age group so for them both to be selected was quite special.

They both swam really well and they achieved the following results:

### Rosie

- 200m Backstroke BRONZE
- 400m Free BRONZE
- 4 x 100m Free Relay BRONZE
- 4 x 100m Medley Relay BRONZE
- 6 x 50m Medley Relay SILVER

#### Chloe

- 200m IM GOLD English School National Champion!
- 400m IM SILVER
- 200m Breaststroke SILVER
- 4 x 100m Free Relay BRONZE
- 4 x 100m Medley Relay BRONZE





### **PE Extra-Curricular Timetable**

Please ensure students bring the appropriate PE kit for the activity they are attending. Shin pads should be worn for football and gum shields for rugby.

All students should go to the appropriate changing room for their activity and get changed as quickly as possible so that clubs can start on time.

Monday 18 <sup>th</sup> March	Tuesday	Wednesday 20 <sup>th</sup> March	Thursday 21st March	Friday 22 <sup>nd</sup> March		
Trampolining	Rugby Touch	Basketball	Trampolining	Girls Football		
Competition Team	Tournament	Year 7 & 8	Competition @ FMA 1-3.45	All Years		
Mrs Pemberton	Year 9	Mr Cole	Y7-10	Mrs Pemberton		
Gym	Mr Cole	Sports Hall	Mrs Pemberton	Astro		
Fitness	@ Moseley	Table Tennis	OCR Sport Science	Badminton		
Year 9-11	Rugby club	All Years	Intervention	Year 9-11		
Cancelled		Mr Grasso	Cancelled OCR	Mr Yates		
Mr Grasso on a course		Churchill Hall	due to Colond Cambridge and 85A	Sports Hall		
			cross-country			
Badminton		Basketball	Rugby			
Year 7 & 8		Year 9-11	Cancelled due			
Cancelled		Mr Yates	to cross-country			
		Gym				
Netball Fixture		OCR Sport Studies	Netball			
Year 9 & 11		Intervention	All Years			
Mrs White		Year 10 OCR	Mrs White			
vs Lyndon @ HOME		Mr Yates E7	Sports Hall			
			Boys Football			
			Year 7 & 8			
			Mr Grasso			
			Astro			
			HOSTING SOLIHULL			
			SCHOOLS CROSS-COUNTRY			
			火火			
			7.7.1			