



22 MARCH 24

# THE WORD

## Light Hall School

*The best from everyone, all of the time.*

### HEADTEACHER'S ROUND-UP

I can't believe this is the last newsletter of the Spring term. As ever, it has been such a busy time, and we have much to celebrate. In assemblies this week students excellence and hard work has been praised and rewarded.

With GCSE exams coming up so quickly, the Easter holidays are a critical time for our year 11 students. Can I ask that parents and carers of Year 11, encourage and support your children to ensure they are undertaking of an intensive revision programme this holiday. I have sent a letter out this week, detailing where to find some information and I have sent a template revision planner to help manage their studying over the holidays. Our year 11s have demonstrated how resilient they are and I am sure that they will be able to manage their revision alongside periods of relaxation. Thank you to all families of our year 11 students for supporting them with this and being there for them at this critical time.

Our Year 7, 8 and 9 made excellent progress during their PHSE days this week and it was wonderful to see the active participation of so many of the students, they really impressed with their involvement.

Sport has again featured heavily this week at Light Hall. The Netball teams won both games and showed excellent sportswomanship and sportsmanship. I am extremely proud of our mixed rugby team who took part in a tournament this week. They won all their matches. Well done to all the students involved in the sporting fixtures this week, showing great resilience and determination which can only be commended.

As a reminder, I have attached the Uniform Policy to this edition of the Word. The expectation is that all students will return to school, after the break, looking smart and ready for the summer term. Thank you to you as parents for your continued support. We are all very proud of our students and know that we would not be able to maintain our high standards without your input.

Wishing everyone a happy and restful break. Let's hope the sun shines!

*Annette Knaublin*

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### WORD OF THE WEEK

#### CONVINCE

Verb: To cause someone to believe something or to do something.

We **convinced** the two new students to join our football team.

Friends **convinced** me that being more active, and going for a weekly ramble, was good for my physical and mental health.

### HOUSE POINTS



48764



50069



52617



51080

The best from everyone, all of the time.

# DIARY REMINDERS

## ALL YEARS:

Monday 25th March - Friday 5th April - Easter Holidays  
Thursday 25th April - School closes at 2pm

## YEAR 7:

Monday 8th April - Year 7 Girls Rugby Festival - 4pm - 5.30pm

## YEAR 8:

Monday 8th April - U13s Girls Football Satellite Tournament @ Tudor Grange - 3.45pm - 5.15pm  
Monday 8th April - Year 8 Girls Rugby Festival - 4pm - 5.30pm  
Friday 19th April - Year 8 reports to Parents  
Thursday 25th April - Year 8 Parents' Evening - school closes at 2pm

## YEAR 9:














Monday 22nd April - Year 9 Boys Rugby Festival at BEES RFC

## YEAR 10:

Monday 8th April - Wednesday 17th April - Year 10 Assessment Week

## YEAR 11:

## PE Extra-Curricular Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Athletics</b> All Years Mrs Pemberton Fields		 <b>Cricket</b> All Years Mr Cole Astro	 <b>Rounders</b> All Years Mrs White & Mrs Pemberton Field	 <b>Dance Rehearsals</b> Year 7-10 Gym Mrs Pemberton Street Dance Comp Prep
 <b>Softball</b> All Years Mr Grasso Field		 <b>Boxing</b> All Years Mr Grasso Gym	 <b>OCR Sport Science Intervention</b> Year 11 Mr Yates E7	 <b>Badminton</b> Year 9-11 Mr Yates Sports Hall
 <b>Badminton &amp; Pickleball</b> Year 7 & 8 Mr Cole Sports Hall		 <b>OCR Sport Studies Intervention</b> Year 10 Mr Yates E7	 <b>Basketball</b> All Years Mr Cole Sports Hall/Gym	(Girls Football to return after the Dance show on 8 <sup>th</sup> May)
 <b>Tennis</b> All Years Mrs White Tennis Courts			 <b>Netball Academy</b> Mrs Pemberton Sports Hall/Outdoor courts Starts 4pm (unless there is a rounders fixture)	
			 <b>Boys Football</b> Year 7 & 8 Mr Grasso Astro	

**Extra-Curricular PE Clubs**  
**8th April – 12th April**



# Light Hall

## Sixth Form

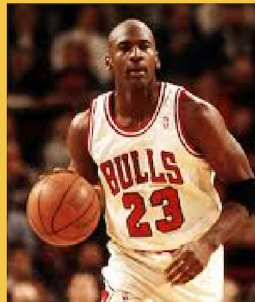
## Sixth Form Update

### WHY STUDY GEOGRAPHY AT A-LEVEL?

Geography is the study of the world, and how and why changes are taking place within it. Physical Geography includes studying earthquakes, volcanoes, coasts, water and carbon cycles. Human Geography includes studying global systems and governance, changing places and population.



### FAMOUS FACES WHO HAVE AN A-LEVEL IN GEOGRAPHY:



### MEET MRS EVANS - ASSISTANT HEAD TEACHER AND GEOGRAPHY TEACHER:

- Mrs Evans studied A-Level Geography, Economics, French and General Studies
- She went on to study Geography at the University of Birmingham
- What she enjoyed: "Fieldwork, human geography - impact of humans on the planet."



You can find out more about the A-Levels on offer at Light Hall here: <https://www.lighthall.co.uk/student-support/a-level-subjects/>. If your son/daughter or you have any questions relating to the Sixth Form, then please contact Mr Brookes to discuss at [sixthform@lighthall.co.uk](mailto:sixthform@lighthall.co.uk)

# THOUGHT OF THE WEEK

## What makes you happy? International Day of Happiness - 20th March

If you're happy and you know it, celebrate it on International Day of Happiness on March 20! Other than being in a neutral state, happy is how we should mostly be. Unfortunately, emotions like anger and sadness are increasingly becoming a default way to be for a lot of us, so here's a day to cheer up and appreciate the good things and silver linings in life.

### **WHEN IS INTERNATIONAL DAY OF HAPPINESS 2024?**

International Day of Happiness is a global event arranged by the United Nations annually on March 20. It serves to remind us that being happy is a human right and worth celebrating – and if you're not already happy on this day, the celebrations may change that!

### **HISTORY OF INTERNATIONAL DAY OF HAPPINESS**

A holiday called International Day of Happiness may sound a bit infantile to the uninitiated. Perhaps you're imagining children singing 'If you're happy and you know it...' or people gleefully dancing under a smiling sun and rainbows. While you're not entirely wrong – who doesn't like a good sing-song session – the truth is there's much more to this delightful day than just smiles and good vibes.

We celebrate International Day of Happiness thanks to the work done by the United Nations and its partner nonprofit group Action for Happiness, which is composed of people from 160 countries. The ultimate goal of the movement is to spread awareness that progress is not only about increasing bottom lines and encouraging economic growth, but well-being and human happiness as well. In 2011, the UN General Assembly adopted a resolution that made it a "fundamental human goal" to give happiness as much priority as economic opportunity. Two years later, in 2013, all 193 member states of the UN celebrated the world's first International Day of Happiness, and it has continued to grow since.

### **BY THE NUMBERS**

6 or 7 – the number of hours spent socializing per day that leads to the highest levels of happiness.

10 – the number of friends it takes to give your well-being a big boost.

5 – the number of positive interactions happy couples have for every negative one.

25% – the percentage increase in happiness from having a close friend living nearby.

33 – the general age that is considered the 'happiest.'

40% – the approximate percentage of your happiness that is truly up to you.

15.3% – the percentage increase in your happiness if a loved one is happy.

50% – the percentage of our happiness that is genetic.

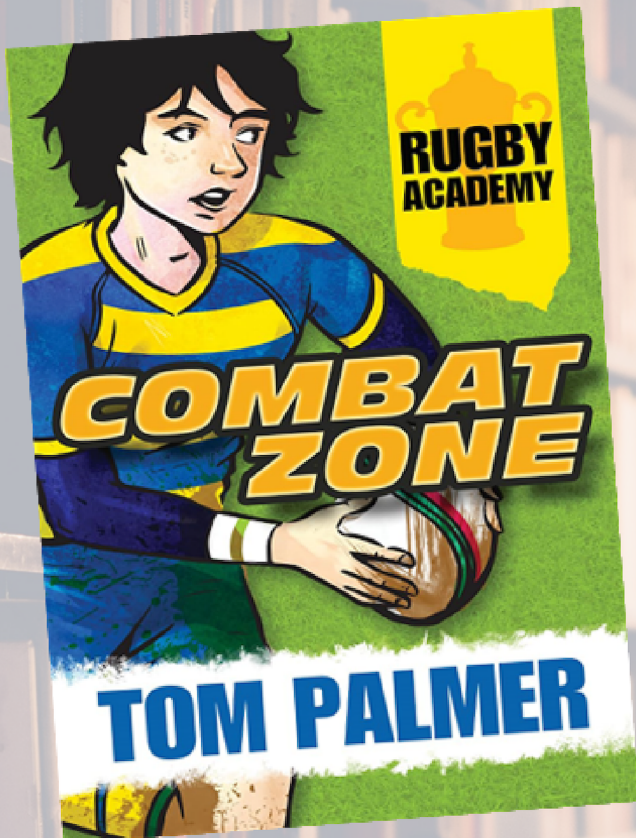
37% – the percentage by which your happiness increases by wearing bright colors.

## Year 10 Assessment Schedule

English		Maths		IT		L&M		French	
H1	8/04 - P5, 11/04 - P2	H1	12/04 - P2	A1	15/04 - P2 & 16/04 - P3	H1	16/04 - P2	A1	15/04 P2, 16/04 P3, 17/04 P5
H2	8/04 - P5, 11/04 - P2	H2	12/04 - P2	A2	15/04 - P2 & 16/4/24 P3	H2	17/04 - P4	B1	11/04 P1 and 12/04 P5 and 16/04
H3	8/04 - P5, 11/04 - P2	H3	12/04 - P2	B1	11/04 - P1 & 12/04 - P5	H3	16/04 - P4		<b>Spanish</b>
H4	8/04 - P5, 11/04 - P2	H4	12/04 - P2	B2	11/04 - P1 & 12/04 - P5	I1	12/04 - P4	A1	15/04 P2, 16/04 P3, 17/04 P5
H5	8/04 - P5, 11/04 - P2	H5	12/04 - P2	C1	8/04 - P4 & 9/04 - P5	I2	12/04 - P4		
L1	8/04 - P5, 11/04 - P5	L1	12/04 - P3		<b>Computing</b>	L1	18/04 - P1		<b>Business studies</b>
L2	8/04 - P5, 11/04 - P5	L2	12/04 - P3	C1	8/04 - P4 & 9/04 - P5	L2	16/04 - P4	B1	11/04 - P1
L3	8/04 - P5, 11/04 - P5	L3	12/04 - P3		<b>Sports Science</b>	M1	15/04 - P4	B2	11/04 - P1
L4	8/04 - P5, 11/04 - P5	L4	12/04 - P3	C1	12/04 - P1	M2	15/04 - P4	C1	12/04 - P1
L5	8/04 - P5, 11/04 - P5	L5	12/04 - P3	C2	12/04 - P1	M3	15/04 - P4	C2	12/04 - P1

Triple Science		Design Tech		History		Geography		Science	
A1	10/04 - P3	A1	15/04 - P2	H1	11/04 - P4	I1	08/04 - P1, 16/04 - P2	H1	08/04 - P2
B1	11/04 - P1	B1	11/04 - P1	H2	11/04 - P4	I2	08/04 - P1, 16/04 - P2	H2	08/04 - P2
C1	12/04 - P1		<b>Food Technology</b>	H3	11/04 - P4	M1	08/04 - P2 & 11/04 - P3	H3	08/04 - P2
	<b>Child Development</b>	B1	11/04 - P1	L1	15/04 - P4	M2	08/04 - P2, 11/04 - P3	HC	08/04 - P2
A1	15/4 - P2	C1	12/04 - P1	L2	15/04 - P4	M3	08/04 - P2, 11/04 - P3	HI	08/04 - P2
C1	12/4 - P1			A1	15/04 - P2		<b>Drama</b>	HS	08/04 - P2
					<b>Music</b>	A1	15/04 - P2	L1	08/04 - P1
				B1	12/04 - P5	C1	15/04 - P1	L2	08/04 - P1
								L3	08/04 - P1
								LC	08/04 - P1
								LI	08/04 - P1
								LS	08/04 - P1

## Recommended Reads for this week

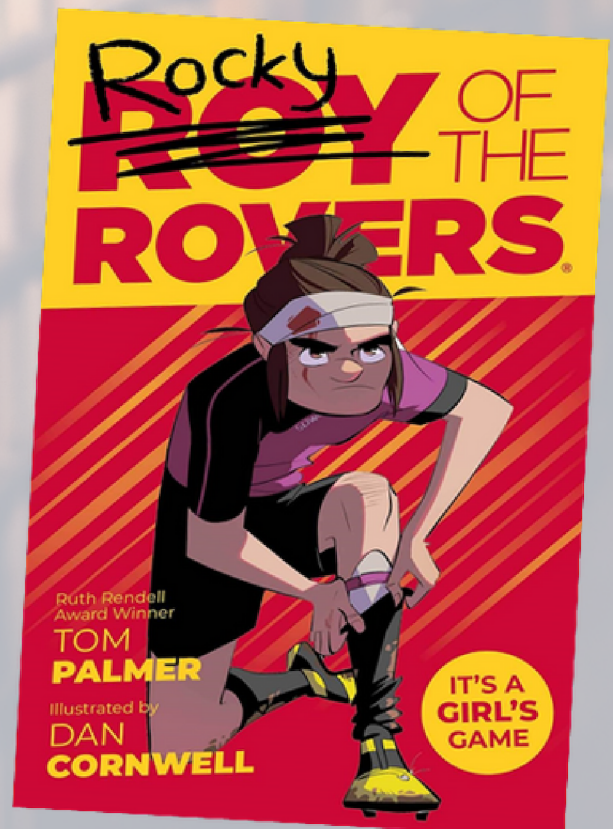


First instalment in an explosive rugby trilogy. Woody is the new boy at Borderlands, a boarding school for children whose parents are in the armed forces, but he is already desperate to leave and get back to his dad. Can rugby help him get through?

The first-ever Roy of the Rovers title to be told from the perspective of a female footballer - Rocky Race, Roy's younger sister!

Rocky takes over! A struggling student and brilliant footballer, Rocky Race is many things, but to most people, she's just Roy Race's little sister.

Now it's up to Rocky to find her own way - as a person and a player - and she's going to need all her grit and determination to do it...



## Solihull Music Rock and Pop Night

Our very own Rock and Pop band were selected to play in a Rock and Pop Night at Fentham Hall last Friday.

These nights take place every 4 weeks, featuring around 6-8 bands from different schools from around the Solihull Borough. The main principle behind the Rock and Pop Night is to give students a chance to perform a 'gig' to an audience, in a safe, but realistic environment and to support and learn from other bands.



## Speed Limit Changes to Hathaway Road

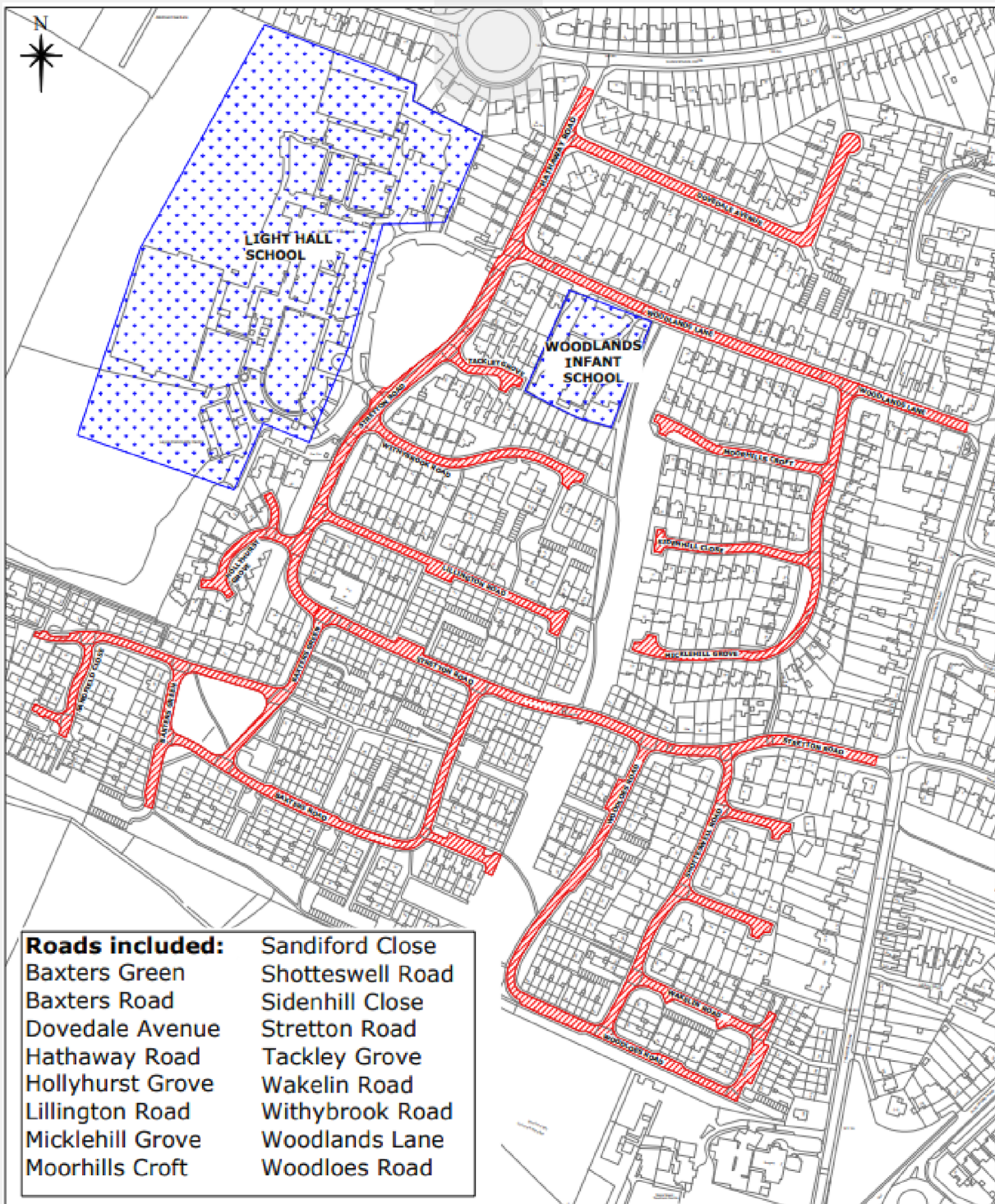
In October 2023 we were informed by the Local Authority that there would be a possible change in the speed limits on roads leading to the school.

This Local Authority has confirmed they will be changing the speed limit of roads neighboring the school from 30mph to 20mph. This change will take effect from 29th March 2024.

Roads affected by this change are in red on the map below.

Further information can be found using the following link:

<https://www.solihull.gov.uk/Roads-pavements-and-streetcare/Roadworks-and-Traffic-Regulation-Orders>





## School Uniform Policy Reminder

Can parents please remind children that they need to follow the school uniform policy. Only one nose piercing, no long acrylic nails permitted and if your child wishes to wear skirt, please ensure it is the correct length.

Thank you for your help ensuring the policy is followed and our children are smart and ready to learn.

### UNIFORM POLICY



# Uniform Policy

THE BEST FROM EVERYONE, ALL OF THE TIME

REVIEWED MAY 23

Our uniform bears our logo, which represents our core values. Our uniform should be worn with pride. Students are expected to adhere to the uniform rules and present themselves smartly every day as they would in the world of work.

### SHOES

We do appreciate that shoes can be an expensive item for parents to buy and we are therefore keen to ensure the correct version is purchased. Your child may tell you differently. Trainer type shoes are not permitted, nor are canvas pumps, trainers or mules. There should be no added "bling" in the form of glittery stones and studs. Shoes should be flat or with a minimal heel, sensible plain style. Black, clean and polished.

Below are examples of shoes the school deems unacceptable.



### JEWELLERY & PIERCINGS

A watch for telling the time and one small plain metal stud in each pierced ear lobe are permitted. These must be removed for safety reasons during PE lessons.

No large earrings, glass studs or stretchers.

Only one plain stud per ear lobe is permitted for pupils with pierced ears. No other body piercings are allowed, or piercings covered with plasters.

If your child is going to have their ears pierced please ensure this takes place at the beginning of the six week holiday so that pupils are able to remove earrings if requested without still undergoing the "settling in" period.

### MAKE-UP, NAIL VARNISH & FALSE EYE LASHES

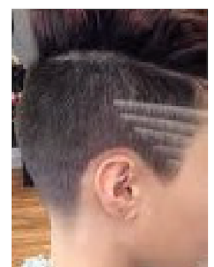
Make-up is inappropriate with school uniform and should not be worn.

No nail varnish or false nails to be worn.

False eye lashes are unacceptable due to Health & Safety concerns.

### HAIRCUTS & ACCESSORIES

Conventional hairstyle/colour. No coloured hair/stripes shaved in. Hair not be shorter than a 'No. 2'. Hair accessories must be functional, small and black.



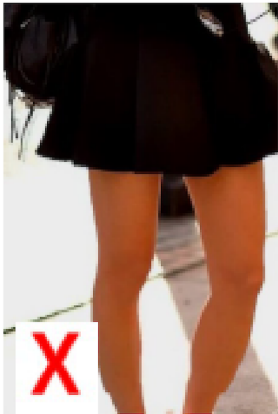
Uniform suppliers:

Monkhouse, Shirley  
Clive Mark, Kings Heath

Concept Schoolwear, Hall Green  
Midland Schoolwear, Acocks Green

## LIGHT HALL UNIFORM (BOYS & GIRLS)

- Black Blazer with Badge
- Black Trousers (conventional width – no tight fitting trousers)
- Black Pleated School Skirt (supplied by approved stockist) with pre-embroidered tree on the hemline. The hemline must be on the knee; or
- Black Straight Skirt supplied by approved stockist with pre-embroidered tree on the hemline; or
- Black straight skirt can be purchased from any high street store and a badge purchased from school to be sewn onto the hemline (front left). This hemline must be on the knee. The skirt fabric must not be stretch, tube, knitted, leather or faux leather
- Black Socks/Tights. We recommend that tights are worn with skirts.
- White Collared Shirt
- School House Tie – Clip-on (Lower school tie years 7-9 & Upper school tie years 10-11)
- Black formal shoes (no pumps or trainer style)
- Plain black V neck sweater (to ensure that tie can be seen). No hoodies, sweatshirts or logos.
- Appropriate outdoor coat (no denim, no logos, no hoodies, no sportswear, no leather)
- Headscarves to be plain black only



Skirt should be no more than 5 cm above the top of knee



No lycra/tube skirts



No leggings



No skinny or cropped trousers

## SPORTSWEAR (BOYS & GIRLS)

- Light Hall Polo Shirt with Light Hall Badge
- Black Shorts with Light Hall Badge or Light Hall Skort
- Universal Sports Top with Light Hall Badge
- Shin Pads
- Black Football Socks
- Trainers
- Gum Shield (advisable for hockey and rugby)
- Football Boots (required for football or rugby)

## OPTIONAL

- School Base Layer – black
- School Track Suit bottoms - from approved supplier with logo. Strictly no leggings or coloured tracksuit bottoms.