



26 APRIL 2024

# THE WORD

## Light Hall School

*The best from everyone, all of the time.*

### HEADTEACHER'S ROUND-UP

It was good to speak to so many Year 8 parents at parents' evening last night. They are all doing so well, with excellent progress being made, and many sporting successes!

House assemblies have taken place this week and have focused on looking after our environment, as it was National Mother Earth day on Monday.

An amazing 120 of our Year 7 and 8 students have taken part in the UK MT Junior Maths Challenge. Well done to all those students involved and the staff for organising the event.

Our Year 8s enjoyed a trip to the Black Country Museum on Wednesday. The staff were really pleased with the behaviour of the students who went. We received some very positive feedback from the students about the different activities that they took part in. Thank you to all involved. The photos tell the story of the great day everyone had.

Year 11 MFL speaking exams have been taking place this week. I am sure the hard work put in by all our linguists will pay off.

Best wishes for the weekend

*Annette Kramblin*

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### WORD OF THE WEEK

#### EXPLICIT

Adjective: Stated clearly and in detail, leaving no room for confusion or doubt.

They gave me very **explicit** directions on how to get there.

### HOUSE POINTS



54243



55150



58289



56812

The best from everyone, all of the time.

# DIARY REMINDERS

## ALL YEARS:

Monday 6th May - May Day - school closed

## YEAR 7:

Monday 13th May - Year 7 Rugby Festival at BEES RFC

## YEAR 8:

## YEAR 9:

Thursday 23rd May - Year 9 Rounders Tournament at Alderbrook School

## YEAR 10:

Friday 3rd May - Year 10 grades reports to parents  
 Wednesday 8th May - Year 10 Parents' Evening - school closes at 2pm  
 Tuesday 14th May - Year 10 Rounders Tournament at Alderbrook School

## YEAR 11:

Thursday 9th May - Year 11 GCSE Exams start

## PE Extra-Curricular Timetable

Monday 29 <sup>th</sup> April	Tuesday	Wednesday 1 <sup>st</sup> May	Thursday 2 <sup>nd</sup> May	Friday 3 <sup>rd</sup> May
<b>Dance Rehearsals</b> Year 7-10 Gym Mrs Pemberton Street Dance Comp Prep		<b>Cricket</b> All Years Mr Cole Astro	<b>Rounders</b> All Years Mrs White & Mrs Pemberton Field	<b>Dance Rehearsals</b> Year 7-10 Gym Mrs Pemberton Street Dance Comp Prep
<b>Softball</b> All Years Mr Grasso Field		<b>Boxing</b> All Years Mr Grasso Gym	<b>OCR Sport Science Intervention</b> Year 11 Mr Yates E7	<b>Badminton</b> Year 9-11 Mr Yates Sports Hall
<b>Badminton &amp; Pickleball</b> Year 7 & 8 Mr Cole Sports Hall		<b>OCR Sport Studies Intervention</b> Year 10 Mr Yates E7	<b>Basketball</b> All Years Mr Cole Sports Hall	(Girls Football to return after the Dance show on 8 <sup>th</sup> May)
<b>Tennis</b> All Years Mrs White Tennis Courts			<b>Netball Academy</b> Mrs Pemberton Sports Hall Starts 4pm	
			<b>Boys Football</b> Year 7 & 8 Mr Grasso Astro	

**Extra-Curricular PE Clubs**  
**29th April – 3rd May**



# 6 Light Hall

## Sixth Form



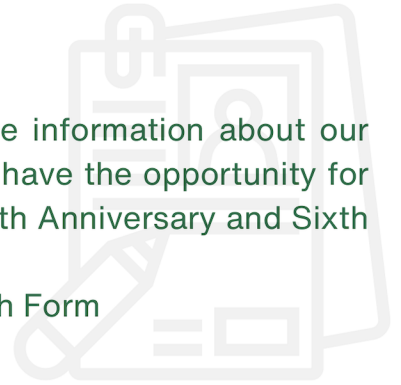
## Sixth Form Update

### Application Updates

**Interviews** - All student interviews have been completed.

**Offers & Events** - Please accept your offer to ensure you receive information about our Induction Days and plans for Results Day and Enrolment. We also have the opportunity for some students who have accepted their place to join us for our 60th Anniversary and Sixth Form Opening on 23rd May.

**What's next?** Keep an eye on your school email and follow the Sixth Form Instagram (@lhs6thform) for updates! Best of luck in your exams!



## BUSINESS STUDIES

### A MESSAGE FROM MRS LAWRENCE - SUBJECT LEADER OF BUSINESS STUDIES AND CHILD DEVELOPMENT

- I studied a BTEC National Diploma in Business, Finance and Economics and went to the University of Wolverhampton to study Business and Education
- Business has something for everyone. It is both an art and a science in one go. There is an art to creating a unique business which customers will return to, however if scientific principles of management, production etc.. are not applied correctly the business is unlikely to be successful.



### EXAMPLE BUSINESS TOPICS

Entrepreneurs and leaders  
Business objectives and strategy  
Financial planning  
Global markets and business expansion

### CAREER PATHWAY

Some students study business at University whilst some students choose to enter the workforce after school in areas such as finance, retail, marketing and manufacturing, which may be through an apprenticeship or permanent post. Occasionally students choose to start their own business.



Follow us on Instagram for all updates and content to help with revision and exam preparation @lhs6thform.



Send us an email at [sixthform@lighthall.co.uk](mailto:sixthform@lighthall.co.uk) if you have any questions or queries.



# THOUGHT OF THE WEEK

## The benefits of the 'great outdoors' National Walking Month

National Walking Month is in May. Did you know that walking a minimum of 20 minutes every day can reduce the number of diseases, including heart diseases and high blood pressure? Treat your body right and walk every day. Set up daily goals and reminders, and don't forget to listen to music when you walk! Let's amble along and find out more!

### HISTORY OF NATIONAL WALKING MONTH

The American Health Association was the first to introduce National Walking Day in 2007 to promote a healthy lifestyle. The Association organizes events to encourage people to walk for at least half an hour. The National Walking Day and National Walking Month were both introduced to raise awareness about the importance of physical activities and to have a healthy lifestyle.

Walking is essential for a healthy life, and world history is also full of important walks. In 100 A.D., the emperor Hadrian toured his whole empire on foot and marched 21 miles a day in full armor. In the 17th century, King Charles II of England walked from Whitehall to Hampton Court, which has a distance of about half a marathon, over 13 miles.

In 1864, the Schwarzwaldverein was formed in Germany, which is the world's oldest surviving walking club. Walking gradually became a leading sport in Europe and America from 1860 to 1903, this age is also termed the Pedestrian Age. People earned money by walking, and long-distance walkers earned more per race than today's basketball players. In 1906, the Olympics included a walking sport for the first time. The London Olympics included four walking events in 1908.



## Recommended Reads for this week

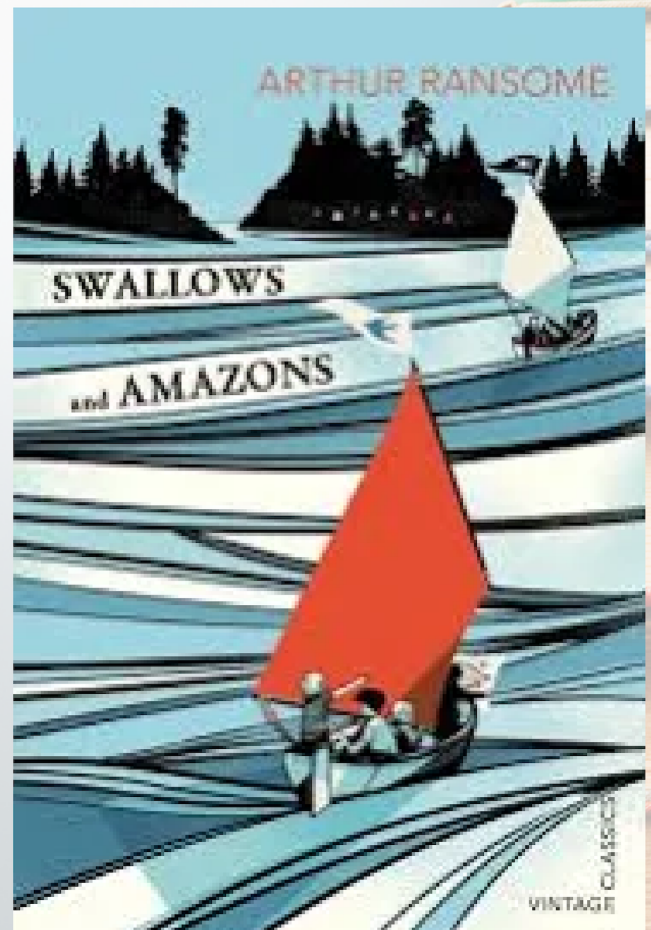
Read  
more  
books



Both charming adventure and love letter to the plant kingdom, *The Secret Wild* finds young Fern, uprooted from the rainforest to the urban jungle of London, make a botanical new friend with unforeseen consequences.

A fantastical, botanical adventure about friendship, bravery – and finding home in a new place.

For the Walker children, sailing the boat *Swallow* to an island for a camping trip is a fantastic adventure. But soon they find themselves under attack from the fierce pirates of the Amazon, Nancy and Peggy. And so begins the battles, alliances and discoveries in a summer like no other.



NEVER  
STOP  
READING



## Year 8 Visit to the Black Country Museum

On Wednesday year 8 visited the Black Country Living Museum to learn more about the industrial past of the local area. They visited some of the homes and shops in the village, got to experience being a coal miner and had a lesson on the 3 Rs reading, writing and arithmetic at the Victorian school.





# Introducing.....



## Light Hall School's



**24th June - 4th July 2024**



**Our arts and culture festival will celebrate the talents and endeavours of our Light Hall students!**

**The festival will be a competition between our four houses, with an overall winner of the Eisteddfod Cup.**

**This year, the theme is our 60th birthday celebrations!**

**60**

**Our programme of events will be available soon, including competitions in:**



**Creative writing  
Public speaking  
Dance  
Drama  
Music  
Baking  
Science  
Technology  
Video game design  
Photography**

**Please encourage your child to take part in the competitions this summer...**



# HOUSE COMPETITION!

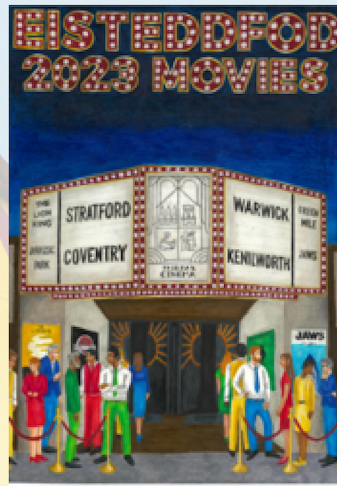


Here are some examples...

Get involved and design the programme cover for our festival!



Move these examples.....



What do you need to do?

Create an A4 poster advertising our Eisteddfod

What information needs to go on it?

- Light Hall School's Eisteddfod
- 24th June - 4th July
- Light Hall's 60th Birthday

That's it!

The theme is our 60th Birthday this year. The design is up to you! It can be drawn, painted, created on the computer...

The success criteria is:

- It must look professional
- It must reflect our theme of 60th Birthday
- It must be bright and colourful!

Email it to [kmohomed@lighthall.co.uk](mailto:kmohomed@lighthall.co.uk) or hand it to reception

By Monday 6th May

The winner will receive an Eisteddfod Trophy!





## Adults Counselling Service

A free counselling service provided by BCU and SAN.

Birmingham City University and The South Area Network of Schools are providing free adults counselling in your local community. This service is delivered by trainee counsellors, supported and supervised by qualified professionals from BCU's counselling team.

### What the BCU & SAN community counselling service offers

**BCU/SAN offers one-to-one weekly counselling sessions to adults experiencing mild to moderate levels of emotional upset.**

- Explore difficult feelings
- Work through tough situations
- Discover more about yourself
- Consider what needs to change
- This service is very inclusive and welcomes individuals with all kinds of life experiences, backgrounds, identities and cultures.

### What to expect once you contact us

When you contact BCU/SAN counselling service, you will be offered an initial meeting to find out;

- A little about you
- What you are hoping to gain from counselling
- If its right for you

We will then discuss next steps and options for you

### What does it cost?

This Counselling service is free of charge. We are able to offer the counselling for free because we are working closely with local schools and community spaces.

All the counsellor's working in this service are giving their time as part of their work or studies



### What next?

If you would like our help, then please email us at;  
[sanadultcounselling@bcu.ac.uk](mailto:sanadultcounselling@bcu.ac.uk) or call 0121 3316615