



22ND NOVEMBER 2024

# THE WORD

## Light Hall School

*The best from everyone, all of the time.*

### HEADTEACHER'S ROUND-UP

As we approach the end of another busy week at school, I want to take a moment to reflect on some of the fantastic activities and achievements we've seen from our students recently.

Really well done to our Year 10 geographers for their outstanding behaviour and engagement on their field trip this week. It was a pleasure to see them so well-behaved, and enthusiastic, as they represented the school, despite the artic conditions. I'm so proud of how they conducted themselves, and I know they will have gained valuable insights that will benefit their studies in the future.

This week marked the launch of our brand-new Book Club, which has been very well received by students. Encouraging a love of reading is something we value highly at school, and I'm thrilled to see so many students already joining in and getting excited about the books we're exploring. A big thank you to those who have taken part, and I look forward to hearing about the literary adventures in the months to come!

Thank you to everyone who supported our efforts for Children in Need last week. Whether you contributed through fundraising or simply helped raise awareness, your involvement made a real difference. It's truly inspiring to see how our school community comes together to support such important causes.

It has been wonderful to see so many students actively participating in House activities this week. I want to say a big thank you to all the students who got involved and to our Heads of House for organising. These activities are a key part of our school life, helping to foster teamwork, leadership, and a sense of belonging. Well done to everyone involved – your energy and enthusiasm are what make our school community so vibrant. Our sportsmen and women have been very successful this week in their various fixtures. Well done to them!

Looking ahead, we are excited about our Sixth Form Open Evening next Thursday. This is a fantastic opportunity for students in Years 10 and 11 (and their parents) to learn more about the courses and opportunities available in our Sixth Form. We look forward to welcoming you and sharing all the exciting possibilities for the next stage of your child's education.

Finally, I would like to thank all students and parents for their patience in coping with the extreme weather conditions over the past week. It hasn't been easy, and we appreciate how flexible everyone has been during this time. It's great to see temperatures returning to normal next week. Expectations regarding footwear, uniform standards and punctuality return to normal as well.

With best wishes for a warm and peaceful weekend.

*Annette Kumbler*

### INSIDE THIS ISSUE

- Diary Reminders
- Extra Curricular PE Clubs
- Thought of the Week
- Recommended Reads
- Sixth Form Open Evening Information
- Year 11 Parents' Evening information
- Year 7 Assessments
- Year 10 History visit to Belgium
- House Events
- Environmental Poster Challenge
- The Trussell Trust Food Bank Collection

### WORD OF THE WEEK

#### CONFINE

**Verb:** To enclose within bounds; limit or restrict. They did not **confine** their stage work to Broadway.

**Noun:** The borders or boundaries of a place. They lived within the **confines** of the city walls.

### HOUSE POINTS



21468



22045



20781



22654

The best from everyone, all of the time.

# DIARY REMINDERS

## ALL YEARS:

Thursday 28th November - Sixth Form Open Evening - 6pm - 8pm  
 Friday 29th November - INSET Day  
 Friday 6th December - Flu Vaccinations - Years 7 - 11

## YEAR 7:

Monday 25th November - Year 7 Netball (H) vs Lyndon - B League  
 Monday 2nd December - Year 7 Netball Skills Event  
 Thursday 5th December - Year 7 Jr NBA Basketball (A) at Lode Heath

## YEAR 8:

Monday 25th November - Year 8 Netball (H) vs Lyndon - B League  
 Wednesday 27th November - Year 8 A Team Netball (H) vs Langley  
 Wednesday 4th December - Year 8 A&B Teams Netball (H) vs Arden  
 Thursday 5th December - Year 8 Jr NBA Basketball (A) at Lode Heath

## YEAR 9:

Monday 25th November - Year 9 Netball (H) vs Lyndon - B League  
 Wednesday 27th November - Year 9 A Team Netball (H) vs Langley  
 Wednesday 4th December - Year 9 A&B Teams Netball (H) vs Arden  
 Wednesday 4th December - Year 9 Basketball (A) vs Lode Heath

## YEAR 10:











Monday 25th November - Year 10 Netball (H) vs Lyndon - B League  
 Tuesday 26th November - Year 10 Rugby at Twickenham  
 Thursday 28th November - Year 10 Drama/English visit to The Birmingham Rep - A Christmas Carol  
 Thursday 28th November - Sixth Form Open Evening - 6pm - 8pm

## YEAR 11:

Monday 25th November - Sixth Form Applications Open  
 Thursday 28th November - Sixth Form Open Evening - 6pm - 8pm  
 Friday 6th December - Year 11 Grades to Parents

## YEAR 12:

Thursday 28th November - Sixth Form Open Evening - 6pm - 8pm

Monday 25 <sup>th</sup> November	Tuesday	Wednesday 27 <sup>th</sup> November	Thursday 28 <sup>th</sup> November	Friday 29 <sup>th</sup> November
<b>Trampoline</b> Year 10/11 GCSE Cancelled due to netball fixture	Year 10 Mixed Touch <b>Rugby</b>  Mr Cole Twickenham	 <b>Netball</b> Year 7 & 8 Mrs Pemberton & Mrs White Outdoor Courts	 <b>Basketball</b> Year 7 & 8 Mr Cole Sports Hall	No Clubs  INSET DAY
<b>Boys Football</b> Year 7 Mr Yates Astro		 <b>Boys Football</b> Year 8 & 9 Mr Yates All on Astro	 <b>Table Tennis</b> All Years Mr Grasso Churchill Hall	
 <b>Badminton</b> Year 7 & 8 Mr Cole Sports Hall		 <b>Basketball</b> Year 9-11 Mr Cole Gym	 <b>Sport Studies</b> Year 11 Mr Yates E3	
<b>Fitness</b> All Years Mr Grasso Churchill Hall		 <b>Netball Academy</b> Year 9-11 Mrs Pemberton Outdoor Courts		
 <b>Netball Fixture</b> Year 7/8/9/10 B HOME vs Lyndon Outdoor Courts		 <b>Netball Fixture</b> Year 8 & 9 A HOME vs Langley Sports Hall		

**Extra-Curricular PE Clubs**  
**25th November – 29th November**



# THOUGHT OF THE WEEK

## ANTI-BULLYING

### PROTECTING CHILDREN FROM BULLYING AND CYBERBULLYING

Bullying is when individuals or groups use their strength or power to frighten or hurt weaker people (Oxford English Dictionary).

It can involve people of any age, and can happen anywhere – at home, school or using online platforms and technologies (cyberbullying). This means it can happen at any time.

Bullying encompasses a range of behaviours which may be combined and may include the behaviours and actions we have set out below.

#### Verbal abuse:

- name-calling
- saying nasty things to or about a child or their family

#### Physical abuse:

- hitting a child
- pushing a child
- physical assault

#### Emotional abuse:

- making threats
- undermining a child
- excluding a child from a friendship group or activities

#### Cyberbullying/online bullying:

- excluding a child from online games, activities or friendship groups
- sending threatening, upsetting or abusive messages
- creating and sharing embarrassing or malicious images or videos
- 'trolling' - sending menacing or upsetting messages on social networks, chat rooms or online games
- voting for or against someone in an abusive poll
- setting up hate sites or groups about a particular child
- creating fake accounts, hijacking or stealing online identities to embarrass a young person or cause trouble using their name.



#### Recognising and responding to bullying and cyberbullying

Indicators that a child could be experiencing bullying or cyberbullying include:

- being reluctant to go to school
- being distressed or anxious
- losing confidence and becoming withdrawn
- having problems eating and/or sleeping
- having unexplained injuries
- changes in appearance
- changes in performance and/or behaviour at school.

#### Impact of bullying and cyberbullying

The emotional effects of being bullied include:

- sadness, depression and anxiety
- low self-esteem
- social isolation
- self-harm

#### Reporting

If you have a concern about bullying or cyberbullying, you should follow your organisation's anti-bullying procedures as soon as possible.

If you think a child is in immediate danger, contact the police on 999. If you're worried a child is at risk of serious harm but they are not in immediate danger, you should share your concerns.

#### Preventing bullying and cyberbullying

It's important for organisations to create a culture where it is clear bullying will not be tolerated and children feel they can tell someone if they have a problem.

This might include:

- talking to young people about healthy relationships and challenging unhealthy behaviours
- promoting sources of help and information such as Childline.



# RECOMMENDED READS



Divergent is a series of books by American author Veronica Roth. They are set in a post-apocalyptic dystopian Chicago.

A tale of electrifying choices, powerful consequences, unexpected romance, and a deeply flawed perfect society.

The Twilight series is written by American author Stephanie Meyer. It follows the story of Bella Swan, a teenage girl who moves to Forks, Washington and falls in love with a vampire, Edward Cullen.



**KEEP  
READING**



# COME AND JOIN US FOR OUR SIXTH FORM OPEN EVENING



## OPEN EVENING

THURSDAY 28 NOVEMBER 2024

6PM - 8PM

### Helping prepare young people for great futures!

From exceptional academic teaching to caring pastoral support, Light Hall School has used its decades of experience to create a sixth form where young people can become knowledgeable, confident, well-rounded adults.

Those looking to take A-levels next year have a brilliant opportunity to find out more about the sixth form at its upcoming open event on **Thursday, November 28, 2024**. There, they will be able to find out more about the subjects on offer, speak to staff and tour the facilities.

Our Sixth Form offers a diverse range of opportunities; from sports teams, through volunteering, mentoring, student leadership and work experience, all of which will enable you to contribute actively to society and be curious, ambitious and courageous in your futures.

**FOLLOW US ON LHS6thForm** Please book an appointment on our website [lighthall.co.uk](https://lighthall.co.uk)

## YEAR 11 PARENTS' EVENING

Year 11 Parents' Evening will be held via video call on Thursday 12th December. Our School Cloud booking system is now open for bookings - <https://lighthall.schoolcloud.co.uk/>



# YEAR 7 ASSESSMENTS

English		Maths		Science		L&M		Drama	
H1	Monday 9th P1	H1	Wednesday 11th P5	H1	Tuesday 10th P5	H1	Wednesday 11th P4	H1	Friday 13th P1
HE	Monday 9th P2	H2	Wednesday 11th P5	HE	Wednesday 11th P3	HE	Wednesday 11th P4	HE	Tuesday 10th P5
HN	Monday 9th P5	HA	Wednesday 11th P2	HN	Monday 9th P1	HN	Wednesday 11th P.3	HG	Wednesday 11th P4
HG	Monday 9th P2	HM	Wednesday 11th P2	HG	Monday 9th P5	HG	Thursday 12th P2	HN	Friday 13th P2
L1	Monday 9th P3	L1	Wednesday 11th P1	L1	Wednesday 11th P2	L1	Tuesday 10th P3	L1	Monday 9th P2
LE	Monday 9th P2	L2	Thursday 12th P2	LE	Monday 9th P4	LE	Thursday 12th P4	LE	Wednesday 11th P3
LN	Monday 9th P3	LA	Wednesday 11th P1	LN	Monday 9th P4	LN	Thursday 12th P4	LG	Monday 9th P2
LG	Tuesday 10th P3	LM	Thursday 12th P2	LG	Monday 9th P4	LG	Tuesday 10th P4	LN	Friday 13th P2
History		Geography		IT		Music		Technology and food	
H1	Thursday 12th P4	H1	Monday 9th P4	H1	Tuesday 10th P2	H1	Monday 9th P5	H1	Monday 9th P2
HE	Thursday 12th P2	H2	Monday 9th P4	H2	Tuesday 10th P2	HE	Thursday 12th P3	HE	Thursday 12th P4
HN	Thursday 12th P1	HA	Tuesday 10th P1	HA	Monday 9th P3	HG	Wednesday 11th p 1	HG	Friday 13th P4
HG	Friday 13th P2	HM	Tuesday 10th P1	HM	Monday 9th P3	HN	Thursday 12th P4	HN	Thursday 12th P3
L1	Wednesday 11th P4	L1	Thursday 12th P2	L1	Friday 13th P1	L1	Tuesday 10th P4	L1	Tuesday 10th P1
LE	Tuesday 10th P4	L2	Tuesday 10th P2	L2	Wednesday 11th P1	LE	Thursday 12th P5	LE	Wednesday 11th P5
LN	Wednesday 11th P4	LA	Thursday 12th P2	LA	Friday 13th P1	LG	Tuesday 10th p1	LG	Wednesday 11th P4
LG	Friday 13th P2	LM	Tuesday 10th P2	LM	Monday 9th P5	LN	Wednesday 1th p3	LN	Tuesday 10th P4
French		Spanish		Art and D		PSHE			
L1	Wednesday 11th P3, Friday 13th P3	H1	Thursday 11th P2 and Friday 13 <sup>th</sup> P2	H1	Friday 13th P1	H1	Wednesday 11th P2		
				HE	Monday 9th P1	H2	Friday 13th P5		
LE	Monday 9th P3, Friday 13th P3	HE	Friday 13th P5 and Monday 16 <sup>th</sup> P5	HG	Tuesday 10th P5	HA	Tuesday 3rd P3		
				HN	Thursday 12th p4	HM	Tuesday 3rd P3		
LG	Wednesday 11th P3 and Monday 16 <sup>th</sup> P4	HG	Wednesday 11th P5 and Friday 13th P4	L1	Friday 13th P5	L1	Wednesday 4th P3		
				LE	Tuesday 10th P4	L2	Monday 9th P5		
LN	Monday 9th P2 and Monday 16 <sup>th</sup> P1	HN	Monday 9th P5 and Thursday 12 <sup>th</sup> P4	LG	Monday 9th P1	LA	Wednesday 4th P3		
				LN	Weds 11th P3	LM	Wednesday 11th P1		



# YEAR 10 HISTORY VISIT TO BELGIUM



To support the GCSE history curriculum the history department are offering a trip to Belgium for the year 10 History students. This trip will take place between Thursday 22nd - Saturday 24th May 2025.

The places on the Belgium trip are limited to 45 students and these places will be allocated on a first come first served basis. To secure a position on the trip a £100 deposit needs to be paid via ParentPay by the 13th December. The trip will open for deposits to be paid via ParentPay on Monday 25th November.

A letter has been emailed to the parents/carers of all students who have been invited to attend the trip with further information. If you have any questions regarding this trip, please contact Mrs Duckworth [aduckworth@lighthall.co.uk](mailto:aduckworth@lighthall.co.uk).



# HOUSE EVENTS

## Shoot the Hoop House Event

We had a fantastic turnout at the basketball event! Great environment with plenty of sun and fun, with students and teachers! Highest turnout so far with 153 students Discovery WON!!!! ♥



“£134.82! That’s how much money was raised this year for Children In Need, by staff and students at Light Hall. From wearing a spotty accessory to enjoying the autumnal sun in a sponsored walk. A huge number of students took part and we are so proud of our Light Hall community for getting involved in this annual effort to support young people in the country. Well done team Light Hall!

House events are a great opportunity for students to get involved in extra-curricular activities. For information on future events, please access, The Word, Tutor time or the School’s social media accounts.”

## UPCOMING EVENTS

**Christmas card competition** – Thursday 28th November deadline

**Games challenge** – Wednesday 4th December

**Create a bath bomb** - Thursday 5th December

**Christmas mood board** – Friday 13th December deadline

## HOUSE CUP LEAGUE TABLE

	Guess the sweets	Recycling poster	House Points	Total
<b>Endeavour</b>	30	30	400	<b>580</b>
<b>Challenger</b>	15	40	300	<b>475</b>
<b>Atlantis</b>	15	20	200	<b>400</b>
<b>Discovery</b>	40	10	100	<b>225</b>

Every year, we award the House Cup to the house which has won the most competitions. This includes sports day and the overall house points for the year (both of these count for 10 times more than standard competitions!) Endeavour currently lead the way...







# ♥ FOOD ♥ DONATION

**If you would like to donate non-perishable items, there will be a collection box in reception from Wednesday 27th November until Wednesday 18th December**

## URGENTLY NEEDED FOOD ITEMS

UHT/POWDERED MILK  
SQUASH/DILUTING JUICE  
RICE PUDDING  
TINNED FRUIT & FRUIT JUICE  
TINNED VEGETABLES, TOMATOES & SOUP  
CANNED MEAT AND FISH  
BISCUITS  
PASTA SAUCE, PASTA  
COOKING OIL  
CONDIMENTS AND SPICES  
INSTANT MASH  
COFFEE  
CRISPS

## OTHER ITEMS NEEDED

SHOWER GEL  
SHAMPOO/CONDITIONER  
DEODORANT  
LAUNDRY DETERGENT PODS  
TOILET ROLL  
WASHING UP LIQUID

